Resort Activities

April 1-12, 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 **8-10 a.m. –** Adult Swim **10 a.m. -** Virtual Cardio Dance **3 p.m. –** Afternoon Refreshments **3 p.m.** – Cooking Demonstration with OH Chefs **4-6 p.m.** – Adult Swim	2 **8-10 a.m. –** Adult Swim **3 p.m. –** Farm + Vine Class: How to Make a Soufflé **3 p.m.** – Afternoon Refreshments **4 p.m.** – Farm + Vine Class: "How to Make a Mean Martini" **4-6 p.m.** – Adult Swim	3 **8-10am –** Adult Swim **2 pm-** Guided Tour of the Ocean House **3 p.m. –** Farm + Vine Class**:** Cooking with the OH Chefs **3 pm-** Afternoon Refreshments **4 pm-** Farm + Vine Class: Old world vs. new world Pinot Noir **4-6pm** – Adult Swim	4 **8-10am –** Adult Swim **8 a.m.** – Stretch, Flex and Core **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **3 p.m.** – Farm + Vine Class: Dying Easter Eggs…naturally **4 p.m.** – Spirits 101 **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist	5 **8-10 a.m. –** Adult Swim **8 a.m.** – Tai Chi **9 a.m. –** Yoga **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –**Farm + Vine class: New England Cheese Tasting **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **4-5p.m. –** Talking Classic Cars **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist
6 **8 a.m. –** Tai Chi **8-10 a.m.** – Adult Swim **8 a.m. - 2:30 p.m. –** Sunday Jazz Brunch **2 p.m.** – Guided Tour of the Ocean House **3-5 p.m.** – Afternoon Tea **3 p.m. –** Afternoon Refreshments **4-6 p.m.** – Adult Swim	7 **8-10 a.m.** – Adult Swim **9 a.m.** – Virtual Yoga/Pilates **10 a.m.** – How to Make Bath Salts **1 p.m.** – Bridge **3 p.m.** – Afternoon Refreshments **4-6 p.m.** – Adult Swim	8 **8-10 a.m. –** Adult Swim **10 a.m. -** Virtual Cardio Dance **3 p.m. –** Afternoon Refreshments **3 p.m.** – Cooking Demonstration with OH Chefs **4-6 p.m.** – Adult Swim	9 **8-10 a.m. –** Adult Swim **3 p.m. –** Farm + Vine Class: How to Make a Soufflé **3 p.m.** – Afternoon Refreshments **4 p.m.** – Farm + Vine Class: "How to Make a Mean Martini" **4-6 p.m.** – Adult Swim	10 **8-10am –** Adult Swim **2 pm-** Guided Tour of the Ocean House **3 p.m. –** Farm + Vine Class**:** Cooking with the OH Chefs **3 pm-** Afternoon Refreshments **4 pm-** Farm + Vine Class: Napa Valley Sauvignon Blanc **4-6pm** – Adult Swim	11 **8-10am –** Adult Swim **8 a.m.** – Stretch, Flex and Core **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **3 p.m.** – Farm + Vine Class: Dying Easter Eggs…naturally **4 p.m.** – Spirits 101 **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist	12 **8-10 a.m. –** Adult Swim **8 a.m.** – Tai Chi **9 a.m. –** Yoga **9 a.m. –** In the kitchen: Basic Butchering for the Home cook **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –**Farm + Vine class: New England Cheese Tasting **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **4-5p.m. –** Talking Classic Cars **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist

Activity Descriptions

APRIL 1-12, 2014

Farm + Vine

Cooking Demonstration: Our Ocean House Chefs showcase their culinary skills as they reflect the seasonal flavors of New England.

Farm + Vine Class - How to Make a Mean Martini: Learn how to make the classic cocktail with a Club Room Bartender.

Farm + Vine Class - with Food Forager Janice McEachen: Join Janice at the Chefs' Counter in Seasons as she creates and tastes delicious dishes inspired by the season.

Farm + Vine Class - Wines with Sommelier Jonathan Feiler: Explore and tastes wines with Jonathan.

Spirits 101- Enjoy an educational experience in our Club Room as our Head Bartender, Dean Gardiner, discusses the origins and uses of a particular Spirit.

Sunday Jazz Brunch: Enjoy our popular brunch of classic breakfast items and lunch fare, plus a variety of additional buffet items. The Greg Piccolo Trio performs in the hotel lobby. *$54.00/ adult; $25.00/ child (plus tax and gratuity)*

In the Kitchen: Butchering for the Home cook – This class introduces you to breaking down meats and chicken *$95/ person (plus tax & gratuity)*

Resort

Afternoon Tea: Enjoy tea in the Living Room while Faith Leitner performs on the harp. *$24/Afternoon Tea, $38/Royal Tea; Reservations required.*

Afternoon Refreshments: Join us in Seasons Lounge each day for complimentary treats and beverages.

Classic Cars and Coffee- Enjoy a relaxing cup of coffee and discuss Classic Cars with our on property Classic Car Aficionado, Dean Gardiner in our Club Room.

Guided Tour of the Ocean House: Take a guided tour of the property with Club Room Manager Mark Szaro.

Pianist: Pianist Michael Campbell performs in the lobby.

Shuttle Times

Weekapaug Inn to Ocean House at 11:30 am

Ocean House to Weekapaug Inn at 12:00 pm

Ocean House to Weekapaug Inn at 1:30 pm

Weekapaug Inn to Ocean House at 2:00 pm

Weekapaug Inn to Ocean House at 6:00 pm

Ocean House to Weekapaug Inn at 6:30 pm

Ocean House to Weekapaug Inn at 9:00 pm

Weekapaug Inn to Ocean House at 9:30 pm

Spa

Adult Swim: Adult-only swim time daily from 8-10am and 4-6pm at the pool.

Stretch Flex & Core: Join our OH! Spa fitness instructor and focus on stretching and toning your muscles

Virtual Cardio Dance and Yoga: Presented by Fitness on Request, the spa team will set up our movement studio for you to enjoy Vibe 220, a Latin-Bollywood inspired cardio dance class as well as Yoga.

Tai Chi: As the most well-known of China's martial arts, the slow, circular-focusing movements relax muscles while promoting proper core alignment and balance.

Yoga: Vinyasa Yoga is an energizing flow series of postures and core strengthening exercises linking mind to body through breath.

Resort Activities

April 13-26, 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
13 **8 a.m. –** Tai Chi **8-10 a.m.** – Adult Swim **8 a.m. - 2:30 p.m. –** Sunday Jazz Brunch **2 p.m.** – Guided Tour of the Ocean House **3-5 p.m.** – Afternoon Tea **3 p.m. –** Afternoon Refreshments **4-6 p.m.** – Adult Swim	14 **8-10 a.m.** – Adult Swim **9 a.m.** – Virtual Yoga/Pilates **10 a.m.** – How to Make Bath Salts **1 p.m.** – Bridge **3 p.m.** – Afternoon Refreshments **4-6 p.m.** – Adult Swim	15 **8-10 a.m. –** Adult Swim **10 a.m. -** Virtual Cardio Dance **3 p.m. –** Afternoon Refreshments **3 p.m.** – Cooking Demonstration with OH Chefs **4-6 p.m.** – Adult Swim	16 **8-10 a.m. –** Adult Swim **3 p.m. –** Farm + Vine Class: How to Make a Soufflé **3 p.m.** – Afternoon Refreshments **4 p.m.** – Farm + Vine Class: "How to Make a Mean Martini" **4-6 p.m.** – Adult Swim	17 **8-10am –** Adult Swim **2 pm-** Guided Tour of the Ocean House **3 p.m. –** Farm + Vine Class**:** Cooking with the OH Chefs **3 pm-** Afternoon Refreshments **4 pm-** Farm + Vine Class: Mineral Driven White Wines from around the world **4-6pm** – Adult Swim	18 **8-10 a.m. –** Adult Swim **8 a.m.** – Stretch, Flex and Core **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **3 p.m.** – Farm + Vine Class: Dying Easter Eggs…naturally **4 p.m.** – Spirits 101 **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist **6 p.m.: Special Event: Farm + Vine Class: Loire Valley Wines**	19 **8-10 a.m. –** Adult Swim **8 a.m.** – Tai Chi **9 a.m. –** Yoga **2 p.m. –** Guided Tour of the Ocean House **3 p.m.** – Cooking Demonstration with OH Chefs **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist **11a.m. – Special Event: Farm + Vine Class: Loire Valley Wines** **3 p.m. – Special Event: Madeline's Easter Tea**
20 **8 a.m. –** Tai Chi **8-10 a.m.** – Adult Swim **Special Event: Easter Sunday** **10am-11am – Easter Egg Hunt & Roll** **10am-4pm - Brunch in Seaside Ballroom** **11:30am-6:30pm Prix Fixe Menu in Seasons Restaurant** **4-6pm** – Adult Swim	21 **8-10 a.m.** – Adult Swim **9 a.m.** – Virtual Yoga/Pilates **10 a.m.** – How to Make Bath Salts **3 p.m.** – Afternoon Refreshments **4-6 p.m.** – Adult Swim	22 **8-10 a.m. –** Adult Swim **10 a.m. -** Virtual Cardio Dance **3 p.m. –** Afternoon Refreshments **3 p.m.** – Cooking Demonstration with OH Chefs **4-6 p.m.** – Adult Swim	23 **8-10 a.m. –** Adult Swim **3 p.m. –** Farm + Vine Class**:** How to Make a Soufflé **3 p.m.** – Afternoon Refreshments **4 p.m.** – Farm + Vine Class: "How to Make a Mean Martini" **4-6 p.m.** – Adult Swim	24 **8-10am –** Adult Swim **2 pm-** Guided Tour of the Ocean House **3 p.m. –** Farm + Vine Class**:** Cooking with the OH Chefs **3 pm-** Afternoon Refreshments **4 pm-** Farm + Vine Class: Old world vs New world Cabernet Sauvignon **4-6pm** – Adult Swim	25 **8-10 a.m. –** Adult Swim **8 a.m.** – Stretch, Flex and Core **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **3 p.m.** – Farm + Vine Class: Cooking with the OH Chefs **4 p.m.** – Spirits 101 **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist	26 **8-10 a.m. –** Adult Swim **8 a.m.** – Tai Chi **9 a.m. –** Yoga **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –**Farm + Vine class: Cooking with the OH Chefs **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist

Activity Descriptions

APRIL 13-26, 2014

Farm + Vine

Cooking Demonstration: Our Ocean House Chefs showcase their culinary skills as they reflect the seasonal flavors of New England.

Farm + Vine Class - How to Make a Mean Martini: Learn how to make the classic cocktail with a Club Room Bartender.

Farm + Vine Class - with Food Forager Janice McEachen: Join Janice at the Chefs' Counter in Seasons as she creates and tastes delicious dishes inspired by the season.

Farm + Vine Class - Wines with Sommelier Jonathan Feiler: Explore and tastes wines with Jonathan.

Spirits 101- Enjoy an educational experience in our Club Room as our Head Bartender, Dean Gardiner, discusses the origins and uses of a particular Spirit.

Sunday Jazz Brunch: Enjoy our popular brunch of classic breakfast items and lunch fare, plus a variety of additional buffet items. The Greg Piccolo Trio performs in the hotel lobby. *$54.00/ adult; $25.00/ child (plus tax and gratuity)*

Special Events:

From Vine to Wine: Loire Valley Wines– The spectrum of Loire Valley Wines will be discussed. *$40/ adult (plus tax)*

Madeline's Easter Tea– Enjoy tea and treats from the Ocean House kitchen Madeline style.
$24/ adult and $ 15/ child (plus tax)

Resort

Afternoon Tea: Enjoy tea in the Living Room while Faith Leitner performs on the harp. *$24/Afternoon Tea, $38/Royal Tea; Reservations required.*

Afternoon Refreshments: Join us in Seasons Lounge each day for complimentary treats and beverages.

Guided Tour of the Ocean House: Take a guided tour of the property with Club Room Manager Mark Szaro.

Pianist: Pianist Michael Campbell performs in the lobby.

Classic Cars and Coffee- Enjoy a relaxing cup of coffee and discuss Classic Cars with our on property Classic Car Aficionado , Dean Gardiner in our Club Room.

Spa

Adult Swim: Adult-only swim time daily from 8-10am and 4-6pm at the pool.

Bath Salts Class: An introduction to essential oils and their qualities. Create your own personal bath salts!

Stretch Flex & Core: Join our OH! Spa fitness instructor and focus on stretching and toning your muscles

Tai Chi: As the most well-known of China's martial arts, the slow, circular-focusing movements relax muscles while promoting proper core alignment and balance.

Yoga: Vinyasa Yoga is an energizing flow series of postures and core strengthening exercises linking mind to body through breath.

Resort Activities

April 27-30, 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27 **8 a.m. –** Tai Chi **8-10 a.m.** – Adult Swim **8 a.m. - 2:30 p.m. –** Sunday Jazz Brunch **2 p.m.** – Guided Tour of the Ocean House **3-5 p.m.** – Afternoon Tea **3 p.m. –** Afternoon Refreshments **4-6 p.m.** – Adult Swim **6p.m.-** Movie Night "Indiana Jones: Raiders of the Lost Ark"	28 **8-10 a.m.** – Adult Swim **9 a.m.** – Virtual Yoga/Pilates **10 a.m.** – How to Make Bath Salts **1 p.m.** – Bridge **3 p.m.** – Afternoon Refreshments **4-6 p.m.** – Adult Swim	29 **8-10 a.m. –** Adult Swim **10 a.m. -** Virtual Cardio Dance **3 p.m. –** Afternoon Refreshments **3 p.m.** – Cooking Demonstration with OH Chefs **4-6 p.m.** – Adult Swim	30 **8-10 a.m. –** Adult Swim **3 p.m. –** Farm + Vine Class: How to Make a Soufflé **3 p.m.** – Afternoon Refreshments **4 p.m.** – Farm + Vine Class: "How to Make a Mean Martini" **4-6 p.m.** – Adult Swim			

Activity Descriptions

April 27-30, 2014

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Sunday Jazz Brunch: Enjoy our popular brunch of classic breakfast items and lunch fare, plus a variety of additional buffet items. The Greg Piccolo Trio performs in the hotel lobby. *$54.00/ adult; $25.00/ child (plus tax and gratuity)*

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Resort

Afternoon Tea: Enjoy tea in the Living Room while Faith Leitner performs on the harp. *$24/Afternoon Tea, $38/Royal Tea; Reservations required.*

Afternoon Refreshments: Join us in Seasons Lounge each day for complimentary treats and beverages.

Guided Tour of the Ocean House: Take a guided tour of the property with Club Room Manager Mark Szaro.

Pianist: Pianist Michael Campbell performs in the lobby.

Movie Night: Each month we pair a favorite movie with a delicious dinner buffet. This month enjoy "Indiana Jones: Raiders of the Lost Ark".
$38.00 per Adult $20.00 per Child plus tax & gratuity

Spa

Adult Swim: Adult-only swim time daily from 8-10am and 4-6pm at the pool.

Bath Salts Class: An introduction to essential oils and their qualities. Create your own personal bath salts!

Stretch Flex & Core: Join our OH! Spa fitness instructor and focus on stretching and toning your muscles

Tai Chi: As the most well-known of China's martial arts, the slow, circular-focusing movements relax muscles while promoting proper core alignment and balance.

Yoga: Vinyasa Yoga is an energizing flow series of postures and core strengthening exercises linking mind to body through breath.