Resort Activities

February 1-8, 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 **8-10 a.m. –** Adult Swim **8 a.m.** – Tai Chi **9 a.m. –** Yoga **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –**Farm + Vine class: New England Cheese Tasting **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist
2 **8 a.m. –** Tai Chi **8 a.m. - 2:30 p.m. –** Sunday Jazz Brunch	3	4	5 **3 p.m. –** Farm + Vine Class**:** How to Make a Soufflé **4 p.m.** – Farm + Vine Class: "How to Make a Mean Martini"	6 **2 pm-** Guided Tour of the Ocean House **3 p.m. –** Farm + Vine Class**:** Cooking with the OH Chefs **3 pm**- Afternoon Refreshments **4 pm-** Farm + Vine Class: Wines of Australia	7 **8-10 a.m. –** Adult Swim **8 a.m.** – Stretch, Flex and Core **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **3 p.m.** – Farm + Vine Class: Jonnycakes **4 p.m.** – Spirits 101 **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist	8 **8-10 a.m. –** Adult Swim **8 a.m.** – Tai Chi **9 a.m. –** Yoga **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –**Farm + Vine class: New England Cheese Tasting **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist

Activity Descriptions

February 1-8, 2014

Farm + Vine

Cooking Demonstration: Our Ocean House Chefs showcase their culinary skills as they reflect the seasonal flavors of New England.

Farm + Vine Class - How to Make a Mean Martini: Learn how to make the classic cocktail with a Club Room Bartender.

Farm + Vine Class - with Food Forager Janice McEachen: Join Janice at the Chefs' Counter in Seasons as she creates and tastes delicious dishes inspired by the season.

Farm + Vine Class - Wines with Sommelier Jonathan Feiler: Explore and tastes wines with Jonathan.

Spirits 101- Enjoy an educational experience in our Club Room as our Head Bartender, Dean Gardiner, discusses the origins and uses of a particular Spirit.

Sunday Jazz Brunch: Enjoy our popular brunch of classic breakfast items and lunch fare, plus a variety of additional buffet items. The Greg Piccolo Trio performs in the hotel lobby. *$54.00/ adult; $25.00/ child (plus tax and gratuity)*

Resort

Afternoon Tea: Enjoy tea in the Living Room while Faith Leitner performs on the harp. *$24/Afternoon Tea, $38/Royal Tea; Reservations required.*

Afternoon Refreshments: Join us in Seasons Lounge each day for complimentary treats and beverages.

Guided Tour of the Ocean House: Take a guided tour of the property with Club Room Manager Mark Szaro.

Pianist: Pianist Michael Campbell performs in the lobby.

Spa

Adult Swim: Adult-only swim time daily from 8-10am and 4-6pm at the pool.

Stretch Flex & Core: Join our OH! Spa fitness instructor and focus on stretching and toning your muscles

Tai Chi: As the most well-known of China's martial arts, the slow, circular-focusing movements relax muscles while promoting proper core alignment and balance.

Yoga: Vinyasa Yoga is an energizing flow series of postures and core strengthening exercises linking mind to body through breath.

Resort Activities

February 9-22, 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
9 **8 a.m. –** Tai Chi **8-10 a.m.** – Adult Swim **8 a.m. - 2:30 p.m. –** Sunday Jazz Brunch	10	11	12 **3 p.m. –** Farm + Vine Class**:** How to Make a Soufflé **4 p.m.** – Farm + Vine Class: "How to Make a Mean Martini" **4-6 p.m.** – Adult Swim	13 **8-10am –** Adult Swim **2 pm-** Guided Tour of the Ocean House **3 p.m. –** Farm + Vine Class**:** Cooking with the OH Chefs **3 pm-** Afternoon Refreshments **4 pm-** Farm + Vine Class: Rose Wines of the world **4-6pm** – Adult Swim	14 **8-10 a.m. –** Adult Swim **8 a.m.** – Stretch, Flex and Core **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **3 p.m.** – Farm + Vine Class: Jonnycakes **4 p.m.** – Spirits 101 **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist **6 p.m. – Special Event: Farm + Vine Class: Australian Wines**	15 **8-10 a.m. –** Adult Swim **8 a.m.** – Tai Chi **9 a.m. –** Yoga **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –**Farm + Vine class: New England Cheese Tasting **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist **11a.m. – Special Event: Farm + Vine Class: Australian Wines**
16 **8 a.m. –** Tai Chi **8-10 a.m.** – Adult Swim **8 a.m. - 2:30 p.m. –** Sunday Jazz Brunch	17	18	19 **3 p.m. –** Farm + Vine Class**:** How to Make a Soufflé **4 p.m.** – Farm + Vine Class: "How to Make a Mean Martini" **4-6 p.m.** – Adult Swim	20 **8-10am –** Adult Swim **2 pm-** Guided Tour of the Ocean House **3 p.m. –** Farm + Vine Class**:** Cooking with the OH Chefs **3 pm-** Afternoon Refreshments **4 pm-** Farm + Vine Class: Full Bodied Reds from around the world **4-6pm** – Adult Swim	21 **8-10 a.m. –** Adult Swim **8 a.m.** – Stretch, Flex and Core **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **3 p.m.** – Farm + Vine Class: Cooking with the OH Chefs **4 p.m.** – Spirits 101 **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist	22 **8-10 a.m. –** Adult Swim **8 a.m.** – Tai Chi **9 a.m. –** Yoga **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –**Farm + Vine class: Cooking with the OH Chefs **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist

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Special Events:

From Vine to Wine: Old World vs. New World Cabernet Sauvignon – Compare and contrast Cabernet Sauvignon from around the world. *$40/ adult (plus tax)*

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Resort Activities

February 23-28, 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
23 **8 a.m. –** Tai Chi **8-10 a.m.** – Adult Swim **8 a.m. - 2:30 p.m. –** Sunday Jazz Brunch	24	25	26 **3 p.m. –** Farm + Vine Class**:** How to Make a Soufflé **4 p.m.** – Farm + Vine Class: "How to Make a Mean Martini" **4-6 p.m.** – Adult Swim	27 **8-10am –** Adult Swim **2 pm-** Guided Tour of the Ocean House **3 p.m. –** Farm + Vine Class**:** Cooking with the OH Chefs **3 pm-** Afternoon Refreshments **4 pm-** Farm + Vine Class: Pinot Noir Old World VS. New World **4-6pm** – Adult Swim	28 **8-10 a.m. –** Adult Swim **8 a.m.** – Stretch, Flex and Core **2 p.m. –** Guided Tour of the Ocean House **3 p.m. –** Afternoon Refreshments **3-5 p.m.** – Afternoon Tea **3 p.m.** – Farm + Vine Class: Jonnycakes **4 p.m.** – Spirits 101 **4-6 p.m.** – Adult Swim **6:30-11 p.m.** – Pianist	

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