

## **RESTORE WINTER SKIN AND SPIRITS AT HISTORIC OCEAN HOUSE**

### **Resort's OH! Spa Announces New Spa Packages, Treatments**

WATCH HILL, R.I., February 9, 2011 – The Ocean House invites travelers to refresh mind, body and spirit and escape the winter blues with a rejuvenating and restful respite at the newly restored grand Victorian-era resort. The property's full-service, 12,000-square-foot OH! Spa is offering an OH! How Good It Feels package for overnight guests as well as a Spring Renewal treatment, encouraging guests to say goodbye to the winter and early spring doldrums.

The OH! Spa draws inspiration from its oceanfront location, featuring breathtaking views of the Atlantic Ocean, Montauk and Block Island, as well as customized organic products inspired by the New England Harvest and therapeutic elements of the ocean. The luxurious facility includes six spacious treatment rooms where guests can enjoy a range of seasonally inspired services. In addition, to jump-start tired bodies, the nearby Ocean House fitness center offers 24-hour virtual fitness instruction with a personal trainer, a yoga and movement studio as well as a relaxation room and 20-meter lap pool.

The OH! How Good It Feels package – valid for stays through December 30, 2011 – provides the ultimate experience for healthy indulging. Starting at \$1,192 per night for two people, the offering features:

- \* Impeccably appointed accommodations with incredible water views
- \* Daily farm-to-table-inspired breakfasts with low-fat Spa Cuisine alternative options
- \* One daily 60-minute Traditional massage per person
- \* One manicure and pedicure per person
- \* OH! Spa Relaxation Gift Basket
- \* One 60-minute Spa treatment per person with the choice of one of the following treatments:
  - o Seasonal Harvest Facial: Cold weather can wreak havoc on all types of skin, soften and smooth skin with this refreshing facial that uses seasonal and local ingredients.
  - o Ocean Revitalize Facial: Discover this marvelous anti-aging facial that will diminish fine lines and prove an instant “lift.”
  - o Seasonal Harvest Serenity Wrap: Treat the body to healing properties as it is exfoliated and wrapped in warm, organic and fresh harvested honey oil from a local apiary.
  - o Ocean Toning Wrap: Ideal for those who want a beautiful, healthy complexion from head to toe. This treatment improves circulation while promoting a firm, toned and youthful appearance to the skin.

- o An early swim in saltwater lap pool, followed by a glass of cucumber-infused water before stepping into a fitness class
- o One OH! Garden Harvest Experience, which begins with a lavender scrub, soothing body mask and relaxing facial rich in antioxidants
- o Spa cuisine lunch

The Spring Renewal Treatment is perfect for nearby residents and neighbors looking for a relaxing day at the Ocean House as well as travelers interested in indulging during their stay. Starting at \$375 per person, the treatment includes:

For additional information about the Ocean House and the OH! Spa, please call 401-584-7000 or visit [www.oceanhouseri.com](http://www.oceanhouseri.com).

### **About The Ocean House**

The Ocean House, one of New England's last grand hotels, re-opened its doors in June 2010 after a \$140 million rebuild and restoration. The 136-year-old property, originally built just after the Civil War, is perched high on the bluffs in Watch Hill, Rhode Island. Guests enjoy sweeping views of the Atlantic Ocean, Montauk and Block Island from the resort's 49 guestrooms and 23 private residences. Farm-to-table casual and fine dining, the 12,000-square-foot OH! Spa and more than 10,000 square feet of event space make the Ocean House ideal for mid-week business retreats, close-to-home family vacations, weekend luxury escapes and destination weddings. Developed by Bluff Ave., LLC and decorated by Niemitz Design Group, the stately property is a member of Preferred Boutique™, the elite collection of intimate hotels and resorts launched in 2005 by Preferred Hotel Group. For more information, please visit [www.oceanhouseri.com](http://www.oceanhouseri.com) or call 401-584-7000.

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