

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
				<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>10 a.m.</b> –Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>To Kill a Mockingbird</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: New England Cheeses</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> –Wine &amp; Culinary Arts Class: Wines of California</p> <p><b>3 p.m.</b> – Movie Screening, <i>Breakfast at Tiffany's</i></p> <p><b>5 p.m.</b> – Practice with the Pro (Croquet)</p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden (<i>weather dependent</i>)</p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p> <p><b>Special Event:</b> Family Beach Night – Burgers, Pizza &amp; Movie: <i>Cruella</i>, 6:00pm</p>	<p><b>6:45 a.m.</b> – Sunrise Yoga on the Beach</p> <p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga (Fitness Center)</p> <p><b>12 p.m.</b> – Movie Screening, <i>The Great Gatsby</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: Staying Sharp – Cutlery 101</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> –Wine &amp; Culinary Arts Class: Sparkling Wines</p> <p><b>3 p.m.</b> – Movie Screening, <i>The Shawshank Redemption</i></p> <p><b>5 p.m.</b> – Practice with the Pro (Croquet)</p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden (<i>weather dependent</i>)</p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p> <p><b>Special Event:</b> Labor Day Beach Bash, 7:00pm (<i>Reservations Required</i>)</p>	<p><b>6:45 a.m.</b> – Sunrise Yoga on the Beach</p> <p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga (Fitness Center)</p> <p><b>10 a.m.</b> –Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>A Wrinkle in Time</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: Family Cooking Class – Ranch Dressing</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> –Wine &amp; Culinary Arts Class: Off The Beaten Track Red Wines</p> <p><b>3 p.m.</b> – Movie Screening, <i>The Jungle Book</i></p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p> <p><b>Special Event:</b> Vine to Wine – Wines of Bordeaux 3:30pm</p> <p><b>Special Event:</b> Lobster Boil &amp; BBQ, 6:00pm (<i>Reservations Required</i>)</p>

### FARM + VINE

**Wine & Culinary Arts Classes with OH Sommelier**

– Explore and taste wines with our expert Sommelier in our Wine Cellar.

**Wine & Culinary Arts Classes with OH Culinary Team**

– Join our Culinary Team in the Center for Wine and Culinary Arts as he creates and tastes delicious dishes inspired by the season.

**Special Event: From Vine to Wine: Wines of Bordeaux-** Spend a meaningful afternoon with our Wine Director to learning various wines from the esteemed region. \$150.00/per person, reservations required.

**Special Event: In the Cellar: Local Harvest -** Learn how to best prepare local harvest foods. \$150.00/per person, reservations required.

**Special Event: In the Kitchen: Late Summer Harvest – Tomatoes, Corn & Lobster** – Join our culinary team to learn how to prepare some signature foods of September. \$150.00/per person, reservations required.

**Special Event: Lobster Boil & BBQ**– Enjoy a traditional lobster boil and bbq on the beach. Reservations are required. \$165/adults, \$65/children, plus tax and gratuity.

### RESORT

**Guided Tour of the Ocean House:** Take a guided historic tour of the property. Please check in at the Living Room Fireplace.

**Self-Guided Art Tour of the Ocean House:** Take a guided audio tour around the hotel to learn about Ocean House’s extensive art collection featuring Ludwig Bemelman, Artwork by SEM and various other art collections. The tour is approximately 45 minutes. Guides can be obtained at the front desk.

**Pianist:** Pianist performs in the lobby.

**Movie Screenings:** Join us in our Screening Room for a movie classic with complimentary popcorn and refreshments! The movie theme for August is 80’s Movies.

**Cruises:** Enjoy two-hour cruises on our classic boats. Cruises depart Tuesday-Sunday at 11 a.m., 2 p.m. and 5 p.m. *Day cruise \$450; Sunset cruise \$600 (plus 20% gratuity).* Contact your Guest Relations Manager for availability and reservations. \*Additional boats available upon request.

**Croquet:** Learn the basics of the classic game with Ocean House Croquet Professional Stephen Morgan. Private Lessons are available upon request. Croquet Courts not available on Monday and Tuesday. Class size is limited, please reserve your spot at the front desk.

**Special Event: Family Beach Night: Burgers, Pizza & a Movie** – Enjoy a beachside dinner and movie. \$60.00/per adult, \$26.00/per child, reservations required.

**Special Event: Labor Day Beach Bash** – Enjoy a beachside dinner, live music, dancing, and an open bar. \$250.00/per ticket, plus service charge and sales tax. Reservations required.

### SPA

**Adult Swim:** Adult-only swim time daily from 8-10am and 4-6pm in the pool.

**Yoga:** Exercise the mind, body and spirit in this one hour class, all levels welcomed.

**Pilates:** A mind-body exercise that will stabilize and strengthen your core while increasing flexibility and overall strength.

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<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>10:00 a.m.</b> – Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>The Secret Garden</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: Family Cooking 101 – Berry Compote</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> –Wine &amp; Culinary Arts Class: Rosé Wines</p> <p><b>3 p.m.</b> – Movie Screening, <i>The Giver</i></p> <p><b>6:30-11 p.m.</b> – Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p>	<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>12 p.m.</b> – Movie Screening, <i>Atonement</i></p> <p><b>10:00 a.m.</b> – Croquet Clinic</p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: What's Season</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> – Wine &amp; Culinary Arts Class: Taste of France</p> <p><b>3 p.m.</b> – Movie Screening, <i>Jurassic Park</i></p> <p><b>5 p.m.</b> – Practice with the Pro (Croquet)</p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden (<i>weather dependent</i>)</p> <p><b>Special Event:</b> In the Kitchen, - Late Summer Harvest – Tomato, Corn &amp; Lobster, 3:30pm</p>	<p><b>12 p.m.</b> – Movie Screening, <i>A Simple Favor</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: RI Oysters</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> – Wine &amp; Culinary Arts Class: Wines of Italy</p> <p><b>3 p.m.</b> – Movie Screening, <i>Pride &amp; Prejudice</i></p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden (<i>weather dependent</i>)</p>	<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>10 a.m.</b> –Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>Life of Pi</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: Charcuterie</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> – Wine Class: Wines of the Pacific Northwest</p> <p><b>3 p.m.</b> – Movie Screening, <i>Crazy Rich Asians</i></p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden (<i>weather dependent</i>)</p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p> <p><b>Special Event:</b> Vine to Wine – Wines of Bordeaux 3:30pm</p> <p><b>Special Event:</b> Summer Authors Series - Deborah Goodrich Royce &amp; The Miracle Collectors 5 p.m. (<i>Reservations Required</i>)</p>	<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>10 a.m.</b> –Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>To Kill a Mockingbird</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: New England Cheeses</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> –Wine &amp; Culinary Arts Class: Wines of California</p> <p><b>3 p.m.</b> – Movie Screening, <i>Breakfast at Tiffany's</i></p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden (<i>weather dependent</i>)</p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p>	<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>10 a.m.</b> –Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>The Great Gatsby</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: Staying Sharp – Cutlery 101</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> –Wine &amp; Culinary Arts Class: Sparkling Wines</p> <p><b>3 p.m.</b> – Movie Screening, <i>The Shawshank Redemption</i></p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden (<i>weather dependent</i>)</p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p> <p><b>Special Event:</b> In the Kitchen, - Late Summer Harvest – Tomato, Corn &amp; Lobster, 3:30pm</p> <p><b>Special Event:</b> Lobster Boil &amp; BBQ, 6:00pm (<i>Reservations Required</i>)</p>	<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga (Fitness Center)</p> <p><b>12 p.m.</b> – Movie Screening, <i>A Wrinkle in Time</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: Family Cooking Class – Ranch Dressing</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> –Wine &amp; Culinary Arts Class: Off The Beaten Track Red Wines</p> <p><b>3 p.m.</b> – Movie Screening, <i>The Jungle Book</i></p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p> <p><b>Special Event:</b> Vine to Wine – Local Wines 3:30pm</p>

FARM + VINE

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**Wine & Culinary Arts Classes with OH Culinary Team –** Join our Culinary Team in the Center for Wine and Culinary Arts as he creates and tastes delicious dishes inspired by the season.

**Special Event: From Vine to Wine: Wines of Bordeaux-** Spend a meaningful afternoon with our Wine Director to learning various wines from the esteemed region. \$150.00/per person, reservations required.

**Special Event: In the Cellar: Local Harvest -** Learn how to best prepare local harvest foods. \$150.00/per person, reservations required.

**Special Event: In the Kitchen: Late Summer Harvest – Tomatoes, Corn & Lobster –** Join our culinary team to learn how to prepare some signature foods of September. \$150.00/per person, reservations required.

**Special Event: Lobster Boil & BBQ–** Enjoy a traditional lobster boil and bbq on the beach. Reservations are required. \$165/adults, \$65/children, plus tax and gratuity.

RESORT

**Guided Tour of the Ocean House:** Take a guided historic tour of the property. Please check in at the Living Room Fireplace.

**Self-Guided Art Tour of the Ocean House:** Take a guided audio tour around the hotel to learn about Ocean House’s extensive art collection featuring Ludwig Bemelman, Artwork by SEM and various other art collections. The tour is approximately 45 minutes. Guides can be obtained at the front desk.

**Pianist:** Pianist performs in the lobby.

**Movie Screenings:** Join us in our Screening Room for a movie classic with complimentary popcorn and refreshments! The movie theme for August is 80’s Movies.

**Cruises:** Enjoy two-hour cruises on our classic boats. Cruises depart Tuesday-Sunday at 11 a.m., 2 p.m. and 5 p.m. *Day cruise \$450; Sunset cruise \$600 (plus 20% gratuity). Contact your Guest Relations Manager for availability and reservations. \*Additional boats available upon request.*

**Croquet:** Learn the basics of the classic game with Ocean House Croquet Professional Stephen Morgan. Private Lessons are available upon request. Croquet Courts not available on Monday and Tuesday. Class size is limited, please reserve your spot at the front desk.

**Special Event: Summer Author Series – In Conversation with Deborah Goodrich Royce–** Enjoy an evening of book discussions with Deborah Goodrich Royce and visiting authors highlighting their latest literary accomplishments. Reservations Required and book included in the ticket price.

SPA

**Adult Swim:** Adult-only swim time daily from 8-10am and 4-6pm in the pool.

**Yoga:** Exercise the mind, body and spirit in this one hour class, all levels welcomed.

**Pilates:** A mind-body exercise that will stabilize and strengthen your core while increasing flexibility and overall strength.

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11	12	13	14	15	16	17
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SUN	MON	TUE	WED	THU	FRI	SAT
18	19	20	21	22	23	24
<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>12 p.m.</b> – Movie Screening, <i>The Secret Garden</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: Family Cooking 101 – Berry Compote</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> –Wine &amp; Culinary Arts Class: Rosé Wines</p> <p><b>3 p.m.</b> – Movie Screening, <i>The Giver</i></p> <p><b>6:30-11 p.m.</b> – Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p>	<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>10 a.m.</b> –Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>Atonement</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: What’s Season</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> – Wine &amp; Culinary Arts Class: Taste of France</p> <p><b>3 p.m.</b> – Movie Screening, <i>Jurassic Park</i></p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden <i>(weather dependent)</i></p> <p><b>Special Event:</b> In the Kitchen, - Late Summer Harvest – Tomato, Corn &amp; Lobster, 3:30pm</p>	<p><b>12 p.m.</b> – Movie Screening, <i>A Simple Favor</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: RI Oysters</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> – Wine &amp; Culinary Arts Class: Wines of Italy</p> <p><b>3 p.m.</b> – Movie Screening, <i>Pride &amp; Prejudice</i></p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden <i>(weather dependent)</i></p>	<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>10:00 a.m.</b> – Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>Life of Pi</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: Charcuterie</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> – Wine Class: Wines of the Pacific Northwest</p> <p><b>3 p.m.</b> – Movie Screening, <i>Crazy Rich Asians</i></p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden <i>(weather dependent)</i></p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p> <p><b>Special Event:</b> Vine to Wine – Wines of Bordeaux 3:30pm</p> <p><b>Special Event:</b> Summer Authors Series - Deborah Goodrich Royce &amp; Bill Miller 5 p.m. <i>(Reservations Required)</i></p>	<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>10 a.m.</b> –Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>To Kill a Mockingbird</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: New England Cheeses</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> –Wine &amp; Culinary Arts Class: Wines of California</p> <p><b>3 p.m.</b> – Movie Screening, <i>Breakfast at Tiffany’s</i></p> <p><b>5 p.m.</b> – Practice with the Pro (Croquet)</p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden <i>(weather dependent)</i></p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p>	<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>10:00 a.m.</b> – Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>The Great Gatsby</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: Staying Sharp – Cutlery 101</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> –Wine &amp; Culinary Arts Class: Sparkling Wines</p> <p><b>3 p.m.</b> – Movie Screening, <i>The Shawshank Redemption</i></p> <p><b>5 p.m.</b> – Practice with the Pro (Croquet)</p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden <i>(weather dependent)</i></p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p> <p><b>Special Event:</b> In the Kitchen, - Late Summer Harvest – Tomato, Corn &amp; Lobster, 3:30pm</p>	<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>10:00 a.m.</b> – Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>A Wrinkle in Time</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: Family Cooking Class – Ranch Dressing</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> –Wine &amp; Culinary Arts Class: Off The Beaten Track Red Wines</p> <p><b>3 p.m.</b> – Movie Screening, <i>The Jungle Book</i></p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p> <p><b>Special Event:</b> Vine to Wine – Local Wines 3:30pm</p>

### FARM + VINE

**Wine & Culinary Arts Classes with OH Sommelier –** Explore and taste wines with our expert Sommelier in our Wine Cellar.

**Wine & Culinary Arts Classes with OH Culinary Team** – Join our Culinary Team in the Center for Wine and Culinary Arts as he creates and tastes delicious dishes inspired by the season.

**Special Event: From Vine to Wine: Wines of Bordeaux-** Spend a meaningful afternoon with our Wine Director to learning various wines from the esteemed region. \$150.00/per person, reservations required.

**Special Event: In the Cellar: Local Harvest -** Learn how to best prepare local harvest foods. \$150.00/per person, reservations required.

**Special Event: In the Kitchen: Late Summer Harvest – Tomatoes, Corn & Lobster** – Join our culinary team to learn how to prepare some signature foods of September. \$150.00/per person, reservations required.

### RESORT

**Guided Tour of the Ocean House:** Take a guided historic tour of the property. Please check in at the Living Room Fireplace.

**Self-Guided Art Tour of the Ocean House:** Take a guided audio tour around the hotel to learn about Ocean House's extensive art collection featuring Ludwig Bemelman, Artwork by SEM and various other art collections. The tour is approximately 45 minutes. Guides can be obtained at the front desk.

**Pianist:** Pianist performs in the lobby.

**Movie Screenings:** Join us in our Screening Room for a movie classic with complimentary popcorn and refreshments! The movie theme for August is 80's Movies.

**Cruises:** Enjoy two-hour cruises on our classic boats. Cruises depart Tuesday-Sunday at 11 a.m., 2 p.m. and 5 p.m. *Day cruise \$450; Sunset cruise \$600 (plus 20% gratuity).* Contact your Guest Relations Manager for availability and reservations. \*Additional boats available upon request.

**Croquet:** Learn the basics of the classic game with Ocean House Croquet Professional Stephen Morgan. Private Lessons are available upon request. Croquet Courts not available on Monday and Tuesday. Class size is limited, please reserve your spot at the front desk.

**Special Event: Summer Author Series – In Conversation with Deborah Goodrich Royce**– Enjoy an evening of book discussions with Deborah Goodrich Royce and visiting authors highlighting their latest literary accomplishments. Reservations Required and book included in the ticket price.

### SPA

**Adult Swim:** Adult-only swim time daily from 8-10am and 4-6pm in the pool.

**Yoga:** Exercise the mind, body and spirit in this one hour class, all levels welcomed.

**Pilates:** A mind-body exercise that will stabilize and strengthen your core while increasing flexibility and overall strength.



SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	30	
<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>10:00 a.m.</b> – Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>The Secret Garden</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: Family Cooking 101 – Berry Compote</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> –Wine &amp; Culinary Arts Class: Rosé Wines</p> <p><b>3 p.m.</b> – Movie Screening, <i>The Giver</i></p> <p><b>5 p.m.</b> – Practice with the Pro (Croquet)</p> <p><b>6:30-11 p.m.</b> – Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p>	<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>12 p.m.</b> – Movie Screening, <i>Atonement</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: What’s Season</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> – Wine &amp; Culinary Arts Class: Taste of France</p> <p><b>3 p.m.</b> – Movie Screening, <i>Jurassic Park</i></p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden (<i>weather dependent</i>)</p> <p><b>Special Event: In the Kitchen, - Late Summer Harvest – Tomato, Corn &amp; Lobster, 3:30pm</b></p>	<p><b>12 p.m.</b> – Movie Screening, <i>A Simple Favor</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: RI Oysters</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> – Wine &amp; Culinary Arts Class: Wines of Italy</p> <p><b>3 p.m.</b> – Movie Screening, <i>Pride &amp; Prejudice</i></p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden (<i>weather dependent</i>)</p>	<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>10:00 a.m.</b> – Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>Life of Pi</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: Charcuterie</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> – Wine Class: Wines of the Pacific Northwest</p> <p><b>3 p.m.</b> – Movie Screening, <i>Crazy Rich Asians</i></p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden (<i>weather dependent</i>)</p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p> <p><b>Special Event: Vine to Wine – Wines of Bordeaux 3:30pm</b></p>	<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>10 a.m.</b> –Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>To Kill a Mockingbird</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: New England Cheeses</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> –Wine &amp; Culinary Arts Class: Wines of California</p> <p><b>3 p.m.</b> – Movie Screening, <i>Breakfast at Tiffany’s</i></p> <p><b>5 p.m.</b> – Practice with the Pro (Croquet)</p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden (<i>weather dependent</i>)</p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p>	<p><b>8:00 a.m.</b> –Pilates</p> <p><b>9:00 a.m.</b> – Yoga</p> <p><b>10:00 a.m.</b> – Croquet Clinic</p> <p><b>12 p.m.</b> – Movie Screening, <i>The Great Gatsby</i></p> <p><b>1 p.m.</b> – Wine &amp; Culinary Arts Class: Staying Sharp – Cutlery 101</p> <p><b>2 p.m.</b> – Guided Tour of the Ocean House</p> <p><b>2:30 p.m.</b> –Wine &amp; Culinary Arts Class: Sparkling Wines</p> <p><b>3 p.m.</b> – Movie Screening, <i>The Shawshank Redemption</i></p> <p><b>5 p.m.</b> – Practice with the Pro (Croquet)</p> <p><b>6-10 p.m.</b> – Firepit in the Herb Garden (<i>weather dependent</i>)</p> <p><b>6:30-11 p.m.</b> – Lobby Pianist, Al Copley</p> <p><b>7 p.m.</b> - Movie Screening, <i>Top Gun</i></p> <p><b>Dandy Cruises: 11 a.m., 2 p.m., 5 p.m.</b></p> <p><b>Special Event: In the Kitchen, - Late Summer Harvest – Tomato, Corn &amp; Lobster, 3:30pm</b></p>	

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