Resert Actinities

October 1-7, 2023

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123450Sit 5 a.m Beach Yoga8 a.m Pilates 9 a.m Yoga9 a.m Yoga9 a.m Yoga9 a.m Yoga9 a.m Yoga12 p.m Movie Screening, The Addams Family (2019)12 p.m Movie Screening, The Birds P.m Wine & Culinary Arts Class: Mushroom Strude!12 p.m Movie Screening, Hotel Transplumia10 a.m Yoga9 a.m Yoga9 a.m Yoga1 p.m Wine & Culinary Arts Class: Mushroom Strude!12 p.m Movie Screening, Hotel Transplumia10 a.m Gallery Culinary Arts Class: Mushroom Strude!12 p.m Movie Screening, Hotel Transplumia12 p.m Movie Screening, Hotel Transplumia13 p.m Wine & Culinary Arts Class: Mushroom Statel13 p.m Wine & Culinary Arts Class: Mushroom State	 7 8 a.m Pilates 9 a.m Yoga 12 p.m Movie Screening, Coraline 1 p.m Wine & Culinary Arts Class: Adding flavor with spices and spice blends 2:30 p.m Wine & Culinary Arts Class: Sparkling Wine 3 p.m Guided Tour of the Ocean House 3 p.m Movie Screening, E.T. 6-10 p.m Firepit in the Herb Garden (weather dependent) 6:30-11 p.m Pianist, Al Copley

Activity Descriptions

October 1-7, 2023

FARM + VINE

Wine & Culinary Arts Classes with OH Sommelier – Explore and taste wines with our expert Sommelier in our Wine Cellar.

Wine & Culinary Arts Classes with OH Culinary Team – Join our Culinary Team in the Center for Wine and Culinary Arts as he creates and tastes delicious dishes inspired by the season.

Special Event: In the Kitchen Halloween Sweet Treats: Join us for a hands-on cooking instruction with an Ocean House chef! \$95.00/per person, reservations required.

Special Event: Sunday Jazz Brunch Every Sunday the Ocean House features its popular Sunday Champagne Jazz Brunch. Brunch at the Ocean House combines unlimited sparkling wine along with classic breakfast items and lunch fare, plus a variety of additional unlimited food items. \$85/per person, reservations required.

Resort

Self-Guided Art Tour of the Ocean House: Take a guided audio tour around the hotel to learn about Ocean House's extensive art collection featuring Ludwig Bemelmans, Artwork by SEM, and various other art collections. The tour is approximately 45 minutes. Guides can be obtained at the front desk.

Bemelmans Gallery Art tour: Join Lisa Szaro, Ocean House's Director of Art Education on a guided tour about the history of Ludwig Bemelmans's art, (mostly known for his "Madeleine" books), information on the acquisition of the largest Bemelmans's collection in North America and up close and personal stories to entertain all ages. Please check in at the Living Room Fireplace, tours are 20-30 minutes long.

Gallery collections and SEMS Art tour: Join Lisa Szaro, Ocean House's Director of Art Education on a guided tour of the current Gallery show, the Harbor Room Rosenfeld collection, the Burt Britton series in the Member's Club Room, introduction to the children's scavenger hunt, information on all upcoming art events at Ocean House and an up close and personal tour of the SEMS collections featured throughout the hotel residence halls and business center. Please check in at the Living Room Fireplace, tours are 20-30 minutes long.

Guided Tour of the Ocean House: Take a guided historic tour of the property. Please check in at the Living Room Fireplace and at the hostess stand.

Harpist: Join us for light refreshments and harp music in the lobby, Friday & Saturday at 3:00pm.

Movie Screenings: Join us in our Screening Room for a movie classic!

Dandy Cruises: Enjoy two-hour cruises on our classic boats. Cruises depart Tuesday-Sunday at 12 p.m., 3 p.m., 6:30 p.m. Day cruise \$500; Sunset cruise \$650 (plus 20% gratuity). Contact Concierge for availability and reservations. *Additional boats available upon request. Adult Swim: Adult-only swim time daily from 8am – 10am and 4pm – 6pm in the pool.

Yoga: Exercise the mind, body, and spirit in this one-hour class, all levels welcomed.

Beach Yoga: Immerse yourself in this grounding yoga practice between sky and sea. Starting with a quiet meditation moment, a smooth flow that mimics the waves, breath work that copies the fresh breeze, this hour-long yoga session winds down with a gratitude session to cool down and connect with nature. Offered on Sundays at 8:15 a.m. Weather dependent - meet at Dune Cottage. Rain location - Fitness center.

Pilates: Invigorating fusion of classic Pilates with cardio exercises to strengthen and tone.

Resort Activities

October 8-14, 2023

	MON	TUE	WED	THU	FRI	SAT
8	9	10	11	12	13	14
8:15 a.m. – Beach Yoga812 p.m. – Movie Screening, The Addams Family (2019)91 p.m. – Wine & Culinary Arts Class: Shucking Oysters11 p.m. – Bemelmans Gallery Art Tour2: Culinary Arts Class: Rose Wines33 p.m. – Wine & Culinary Arts Class: Rose Wines33 p.m. – Guided Tour of the Ocean House33 p.m. – Movie Screening, Ghostbusters36-10 p.m. – Firepit in Ulinary Arts Prepit in6	an a		and a second	Contraction and Contraction		

Activity Descriptions

October 8-14, 2023

FARM + VINE

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Wine & Culinary Arts Classes with OH Culinary Team – Join our Culinary Team in the Center for Wine and Culinary Arts as he creates and tastes delicious dishes inspired by the season.

Special Event: In the Kitchen Halloween Sweet Treats: Join us for a hands-on cooking instruction with an Ocean House chef! \$95.00/per person, reservations required.

Special Event: From Vine to Wine: Wines of Napa Valley -Spend a meaningful afternoon with our Wine Director learning about wines from the Napa Valley! \$95.00/per person, reservations required.

Special Event: Sunday Jazz Brunch Every Sunday the Ocean House features its popular Sunday Champagne Jazz Brunch. Brunch at the Ocean House combines unlimited sparkling wine along with classic breakfast items and lunch fare, plus a variety of additional unlimited food items. \$85/per person, reservations required.

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Harpist: Join us for light refreshments and harp music in the lobby, Friday & Saturday at 3:00pm.

Movie Screenings: Join us in our Screening Room for a movie classic!

Adult Swim: Adult-only swim time daily from 8am – 10am and 4pm – 6pm in the pool.

Yoga: Exercise the mind, body, and spirit in this one-hour class, all levels welcomed.

Beach Yoga: Immerse yourself in this grounding yoga practice between sky and sea. Starting with a quiet meditation moment, a smooth flow that mimics the waves, breath work that copies the fresh breeze, this hour-long yoga session winds down with a gratitude session to cool down and connect with nature. Offered on Sundays at 8:15 a.m. Weather dependent - meet at Dune Cottage. Rain location - Fitness center.

Pilates: Invigorating fusion of classic Pilates with cardio exercises to strengthen and tone.

Resort Actinities

October 15-21, 2023

SUN	MON	TUE	WED	тни	FRI	SAT
15	16	17	18	19	20	21
 8:15 a.m. – Beach Yoga 12 p.m. – Movie Screening, The Addams Family (2019) 1 p.m. – Wine & Culinary Arts Class: <i>Shucking Oysters</i> 1 p.m. – Bemelmans Gallery Art Tour 2:30 p.m. – Wine & Culinary Arts Class: <i>Rose Wines</i> 3 p.m. – Guided Tour of the Ocean House 3 p.m. – Movie Screening, <i>Ghostbusters</i> 6-10 p.m. – Firepit in the Herb Garden (weather dependent) 6:30-11 p.m. – Pianist, Al Copley 	 8 a.m Pilates 9 a.m Yoga 12 p.m Movie Screening, <i>The Birds</i> 1 p.mWine & Culinary Arts Class: <i>Mushroom Strudel</i> 2:30 p.m Wine & Culinary Arts Class: <i>Old World, New World</i> <i>Sauvignon Blanc</i> 3 p.m Guided Tour of the Ocean House 3 p.m Movie Screening, The Nightmare Before Christmas 6-10 p.m Firepit in the Herb Garden (weather dependent) 	 12 p.m Movie Screening, Casper 1 p.mWine & Culinary Arts Class: Chocolate Candy Toffee 2:30 p.m Wine & Culinary Arts Class: Off the Beaten Track Red Wines 3 p.m Guided Tour of the Ocean House 3 p.m Movie Screening, Hocus Pocus 6-10 p.m Firepit in the Herb Garden (weather dependent) 	 8 a.m Pilates 9 a.m. Yoga 12 p.m Movie Screening, Hotel Transylvania 1 p.mWine & Culinary Arts Class: Vegetarian Canapes 2:30 p.m Wine & Culinary Arts Class: Pinot Noir 3 p.m Guided Tour of the Ocean House 3 p.m Movie Screening, Halloweentown 6-10 p.m Firepit in the Herb Garden (weather dependent) 	 8 a.m Pilates 9 a.m. Yoga 10 a.m Gallery Collections & SEMS Art Tour 12 p.m Movie Screening, <i>Hotel</i> <i>Transylvania</i> 2 1 p.mWine & Culinary Arts Class: Shrimp Cocktail 2:30 p.m Wine & Culinary Arts Class: Off the Beaten Track White Wines 3 p.m Guided Tour of the Ocean House 3 p.m Movie Screening, Corpse Bride 6-10 p.m Firepit in the Herb Garden (weather dependent) 	 8 a.m Pilates 9 a.m. Yoga 12 p.m. – Movie Screening, It's The Great Pumpkin, Charlie Brown 1 p.m. – Wine & Culinary Arts Class: Guacamole 2:30 p.m. – Wine & Culinary Arts Class: Wines of Italy 3 p.m. – Guided Tour of the Ocean House 3 p.m. – Movie Screening, Dial M for Murder 6-10 p.m. – Firepit in the Herb Garden (weather dependent) 6:30-11 p.m. – Pianist, Al Copley Special Event: In the Kitchen-Halloween Sweet Treats, 3:30pm (Reservations Required) 	 8 a.m. – Pilates 9 a.m. – Yoga 12 p.m. – Movie Screening, <i>Coraline</i> 1 p.m. –Wine & Culinary Arts Class: <i>Adding flavor with</i> <i>spices and spice blends</i> 2:30 p.m. –Wine & Culinary Arts Class: <i>Sparkling Wine</i> 3 p.m. – Guided Tour of the Ocean House 3 p.m. – Movie Screening, <i>E.T.</i> 6-10 p.m. – Firepit in the Herb Garden (weather dependent) 6:30-11 p.m. – Pianist, Al Copley Special Event: Vine to Wine – Wines of Napa Valley, 3:30pm (Reservations Required)

Activity Descriptions

Farm + Vine

Wine & Culinary Arts Classes with OH Sommelier – Explore and taste wines with our expert Sommelier in our Wine Cellar.

Wine & Culinary Arts Classes with OH Culinary Team – Join our Culinary Team in the Center for Wine and Culinary Arts as he creates and tastes delicious dishes inspired by the season.

Special Event: In the Kitchen Halloween Sweet Treats: Join us for a hands-on cooking instruction with an Ocean House chef! \$95.00/per person, reservations required.

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Movie Screenings: Join us in our Screening Room for a movie classic!

Adult Swim: Adult-only swim time daily from 8am – 10am and 4pm – 6pm in the pool.

Spa

Yoga: Exercise the mind, body, and spirit in this one-hour class, all levels welcomed.

Beach Yoga: Immerse yourself in this grounding yoga practice between sky and sea. Starting with a quiet meditation moment, a smooth flow that mimics the waves, breath work that copies the fresh breeze, this hour-long yoga session winds down with a gratitude session to cool down and connect with nature. Offered on Sundays at 8:15 a.m. Weather dependent - meet at Dune Cottage. Rain location - Fitness center.

Pilates: Invigorating fusion of classic Pilates with cardio exercises to strengthen and tone.

October 15-21, 2023

FOR RESERVATIONS PLEASE CALL 401 584 7000 🔹 24 HOUR CANCELLATION POLICY ON ALL OH! SPA AND FARM+VINE CLASSES

Resort Actinities

October 22-28, 2023

SUN	MON	TUE	WED	тни	FRI	SAT
22	23	24	25	26	27	28
 8:15 a.m. – Beach Yoga 12 p.m. – Movie Screening, The Addams Family (2019) 1 p.m. –Wine & Culinary Arts Class: Shucking Oysters 1 p.m. – Bemelmans Gallery Art Tour 2:30 p.m. – Wine & Culinary Arts Class: Rose Wines 3 p.m. – Guided Tour of the Ocean House 3 p.m. – Movie Screening, Ghostbusters 6-10 p.m. – Firepit in the Herb Garden (weather dependent) 6:30-11 p.m. – Pianist, Al Copley 	 8 a.m Pilates 9 a.m Yoga 12 p.m Movie Screening, <i>The Birds</i> 1 p.mWine & Culinary Arts Class: <i>Mushroom Strudel</i> 2:30 p.m Wine & Culinary Arts Class: <i>Old World, New World</i> <i>Sauvignon Blanc</i> 3 p.m Guided Tour of the Ocean House 3 p.m Movie Screening, The Nightmare Before Christmas 6-10 p.m Firepit in the Herb Garden (weather dependent) 	 12 p.m Movie Screening, <i>Casper</i> 1 p.mWine & Culinary Arts Class: <i>Chocolate Candy</i> <i>Toffee</i> 2:30 p.m Wine & Culinary Arts Class: <i>Off</i> <i>the Beaten Track Red</i> <i>Wines</i> 3 p.m Guided Tour of the Ocean House 3 p.m Movie Screening, <i>Hocus</i> <i>Pocus</i> 6-10 p.m Firepit in the Herb Garden (weather dependent) 	 8 a.m Pilates 9 a.m Yoga 12 p.m Movie Screening, <i>Hotel</i> <i>Transylvania</i> 1 p.mWine & Culinary Arts Class: <i>Vegetarian Canapes</i> 2:30 p.m Wine & Culinary Arts Class: <i>Pinot Noir</i> 3 p.m Guided Tour of the Ocean House 3 p.m Movie Screening, <i>Halloweentown</i> 6-10 p.m Firepit in the Herb Garden (weather dependent) 	 8 a.m Pilates 9 a.m Yoga 10 a.m Gallery Collections & SEMS Art Tour 12 p.m Movie Screening, Hotel Transylvania 2 1 p.mWine & Culinary Arts Class: Shrimp Cocktail 2:30 p.m Wine & Culinary Arts Class: Off the Beaten Track White Wines 3 p.m Guided Tour of the Ocean House 3 p.m Movie Screening, Corpse Bride 6-10 p.m Firepit in the Herb Garden (weather dependent) 	 8 a.m. – Pilates 9 a.m. – Yoga 12 p.m. – Movie Screening, It's The Great Pumpkin, Charlie Brown 1 p.m. – Wine & Culinary Arts Class: Guacamole 2:30 p.m. – Wine & Culinary Arts Class: Wines of Italy 3 p.m. – Guided Tour of the Ocean House 3 p.m. – Movie Screening, Dial M for Murder 6-10 p.m. – Firepit in the Herb Garden (weather dependent) 6:30-11 p.m. – Pianist, Al Copley Special Event: In the Kitchen-Halloween Sweet Treats, 3:30pm (Reservations Required) 	 8 a.m. – Pilates 9 a.m. – Yoga 12 p.m. – Movie Screening, Coraline 1 p.m. –Wine & Culinary Arts Class: Adding flavor with spices and spice blends 2:30 p.m. –Wine & Culinary Arts Class: Sparkling Wine 3 p.m. – Guided Tour of the Ocean House 3 p.m. – Movie Screening, E.T. 6-10 p.m. – Firepit in the Herb Garden (weather dependent) 6:30-11 p.m. – Pianist, Al Copley Special Event: Character Breakfast, 9am -12pm (Reservations Required) Special Event: Vine to Wine – Candy & Wine Pairings, 3:30pm (Reservations Required)

Activity Descriptions

FARM + VINE

Wine & Culinary Arts Classes with OH Sommelier – Explore and taste wines with our expert Sommelier in our Wine Cellar.

Wine & Culinary Arts Classes with OH Culinary Team – Join our Culinary Team in the Center for Wine and Culinary Arts as he creates and tastes delicious dishes inspired by the season.

Special Event: In the Kitchen Halloween Sweet Treats: Join us for a hands-on cooking instruction with an Ocean House chef! \$95.00/per person, reservations required.

Special Event: From Vine to Wine: Candy & Wine Pairings - Spend a meaningful afternoon with our Wine Director learning how to pair Candy with Wine! \$95.00/per person, reservations required.

Special Event: Character Breakfast Enjoy a fun morning with the Sanderson Sisters from Hocus Pocus over breakfast in the Seaside Ballroom \$95/per adult, \$50/Children ages 6-12, \$25/Children ages 5 & under, reservations required.

Special Event: Sunday Jazz Brunch Every Sunday the Ocean House features its popular Sunday Champagne Jazz Brunch. Brunch at the Ocean House combines unlimited sparkling wine along with classic breakfast items and lunch fare, plus a variety of additional unlimited food items. \$85/per person, reservations required.

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Movie Screenings: Join us in our Screening Room for a movie classic!

Adult Swim: Adult-only swim time daily from 8am – 10am and 4pm – 6pm in the pool.

Yoga: Exercise the mind, body, and spirit in this one-hour class, all levels welcomed.

Beach Yoga: Immerse yourself in this grounding yoga practice between sky and sea. Starting with a quiet meditation moment, a smooth flow that mimics the waves, breath work that copies the fresh breeze, this hour-long yoga session winds down with a gratitude session to cool down and connect with nature. Offered on Sundays at 8:15 a.m. Weather dependent - meet at Dune Cottage. Rain location - Fitness center.

Pilates: Invigorating fusion of classic Pilates with cardio exercises to strengthen and tone.

October 22-28, 2023

Resort Actinities

October 29-31, 2023

SUN	MON	TUE	WED	THU	FRI	SAT
29 8:15 a.m. – Beach Yoga 12 p.m. – Movie Screening, The Addams Family (2019) 1 p.m. – Wine & Culinary Arts Class: Shucking Oysters 1 p.m. – Bemelmans Gallery Art Tour 2:30 p.m. – Wine & Culinary Arts Class: <i>Snocking</i> Oysters 3 p.m. – Guided Tour of the Ocean House 3 p.m. – Movie Screening, <i>Ghostbusters</i> 6-10 p.m. – Firepit in the Herb Garden (weather dependent)	30 8 a.m Pilates 9 a.m Yoga 12 p.m Movie Screening, <i>The Birds</i> 1 p.m Wine & Culinary Arts Class: <i>Mushroom Strudel</i> 2:30 p.m Wine & Culinary Arts Class: <i>Old World, New World</i> <i>Sauvignon Blanc</i> 3 p.m Guided Tour of the Ocean House 3 p.m Movie Screening, The Nightmare Before Christmas 6-10 p.m Firepit in the Herb Garden (weather dependent)	31 12 p.m. – Movie Screening, Casper 1 p.m. –Wine & Culinary Arts Class: Chocolate Candy Toffee 2:30 p.m. – Wine & Culinary Arts Class: Off the Beaten Track Red Wines 3 p.m. – Guided Tour of the Ocean House 3 p.m. – Movie Screening, Hocus Pocus 6-10 p.m. – Firepit in the Herb Garden (weather dependent)	WED	THU	FRI	SAT
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Activity Descriptions

October 29-31, 2023

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Special Event: Sunday Jazz Brunch Every Sunday the Ocean House features its popular Sunday Champagne Jazz Brunch. Brunch at the Ocean House combines unlimited sparkling wine along with classic breakfast items and lunch fare, plus a variety of additional unlimited food items. \$85/per person, reservations required.

Special Event: In Conversation with Stephen Lash-The Art of The Boat: Stephen Lash, Ocean House's Advisor on the Arts and Chairman Emeritus of Christie's, leads an engaging conversation on the Rosenfeld photography collection at the renowned Mystic Seaport Museum. This special presentation delves into the history, acquisition and preservation of the collection and conversation with the country's top museum and gallery experts on the collection. Refreshments will be served, including wine and cheese. \$35/per person, reservations required.

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