

August 2025 / RESORT ACTIVITIES































CULINARY & WINE

Culinary Arts Demonstrations: Explore culinary creations of the Ocean House daily as our culinary team hosts Tastings and Demonstrations in our Center for Wine & Culinary Arts

Sippin' with the Somms: In the Center for Wine & Culinary Arts, our sommeliers will guide you through the basics of wine, tasting notes, and unique pairings with food, during our daily tasting sessions.

THE ARTS

Harpist: Join us for light refreshments & harp music in the lobby on Fridays & Saturdays at 3pm.

Pianist: Join us in the Lobby, Friday – Sunday from 6:30pm – 11pm for Piano Music with Michael Campbell.

Screening Room: Join us in our Screening Room for a movie classic!

Guided History Tour of Ocean House: Take a guided historic tour of the property. Please check in with Historian by the Fireplace.

Self-Guided Audio Art Tour of Ocean House: Take a self-guided audio tour around the hotel to learn about Ocean House's extensive art collection featuring Ludwig Bemelmans, Artwork by SEM, and various other art collections. The tour is approximately 60 minutes. Audio recordings can be obtained at the front desk.

OUTDOOR

Firepit: Join us at the Fire Pit in the Herb Garden from 6pm - 10pm. (Weather Dependent)

OCEAN & HARVEST SPA: WELLNESS

Adult Swim: Adult-only swim time daily from 7am - 9am & 7pm - 9pm in the pool. (Pool is open daily 5am - 11pm year-round)

Mat Pilates: Invigorating fusion of classic Pilates with floor work to strengthen & tone.

Restorative Pilates: Enjoy a specialized Pilates session focused on utilizing foam rollers to help deep muscle aches.

Tidal Yoga: Like to ocean, ever-changing-our skilled instructor tailors each session to exercise the mind, body & spirit in this one-hour class, all levels welcome. End your session with dynamic group breathing to mimic the heartbeat of the tides. Please check in at the Spa Front Desk.

Barre: Barre is a full-body workout inspired by ballet, Pilates, and yoga. This low-impact session focuses on strengthening, toning, and lengthening muscles while improving flexibility and balance

08/01	08/02	08/03	08/04	08/05	08/06	08/07
FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
5:00am – 10:00am Coffee Station	5:00am – 10:00am Coffee Station	5:00am – 10:00am Coffee Station	5:00am – 10:00am Coffee Station	5:00am – 10:00am Coffee Station	5:00am – 10:00am Coffee Station	5:00am – 10:00am Coffee Station
7:00am – 10:00am Pastry Display	7:00am – 10:00am Pastry Display	7:00am – 10:00am Pastry Display	7:00am – 10:00am Pastry Display	7:00am – 10:00am Pastry Display	7:00am – 10:00am Pastry Display	7:00am – 10:00am Pastry Display
8:00am Mat Pilates	8:00am Mat Pilates	8:00am Mat Pilates	8:00am Mat Pilates	8:00am Tidal Yoga	8:00am Mat Pilates	8:00am Mat Pilates
9:00am Restorative Pilates	9:00am Tidal Yoga	9:00am Tidal Yoga	9:00am Tidal Yoga	9:00am Barre	9:00am Tidal Yoga	9:00am Tidal Yoga
12:30pm Culinary Arts Class: Guacamole	12:30pm Culinary Arts Class: Fish Crudo	12:30pm Culinary Arts Class: Shucking Oysters	12:30pm Culinary Arts Class: Mushroom Strudel	12:30pm Culinary Arts Class: Vegetarian Canapes	12:30pm Culinary Arts Class:	12:30pm Culinary Arts Class: From Chickpeas to
1:30pm Screening Room:	1:30pm Screening Room:	1:30pm Screening Room:	1:30pm Screening Room:	1:30pm Screening Room:	1:30pm Screening Room:	Hummus 1:30pm
2:30pm Sippin' with the Somms: Bubbles All Around the World	2:30pm Sippin' with the Somms: Seasonal Wines	2:30pm Sippin' with the Somms: Uncorking the Americas	2:30pm Sippin' with the Somms: Dinner Party Wines	2:30pm Sippin' with the Somms: They're Classics for a Reason!	2:30pm Sippin' with the Somms: European Treasures	2:30pm Sippin' with the Somms: Great Wines
3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House	You May Have Never Heard Of 3:30pm Guided History
5:00pm Screening Room:	5:00pm Screening Room:	5:00pm Screening Room:	5:00pm Screening Room:	5:00pm Screening Room:	5:00pm Screening Room: Special Events	Tour of Ocean House 5:00pm
Special Events	Special Events	Special Events		Special Events	Special Events	Screening Room:
3:30pm In the Kitchen Series: Mezze, Tapas, and Small Plates for Entertaining Guests	3:30pm Vine To Wine: Wines of Northeast USA	Mediterranean Night Market at Théa		3:30pm Making a Splash: Resort Fashions in New England 1870- 1900	5:00pm Ocean House Author Series: Beatriz Williams	Special Events 7:00pm Family Beach Night: Wicked
6:00pm Lobster Boil & BBQ on the Beach						

08/08	08/09	08/10	08/11	08/12	08/13	08/14
FRIDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates	SATURDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates	SUNDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates	MONDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates	TUESDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Tidal Yoga	WEDNESDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates	THURSDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates
9:00am Restorative Pilates 12:30pm Culinary Arts Class: Guacamole 1:30pm Screening Room: 2:30pm Sippin' with the Somms: Bubbles All Around the World 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room: Special Events 3:30pm In the Kitchen Series: Mezze, Tapas, and Small Plates for Entertaining Guests 6:00pm Lobster Boil & BBQ on the Beach	9:00am Tidal Yoga 12:30pm Culinary Arts Class: Fish Crudo 1:30pm Screening Room: 2:30pm Sippin' with the Somms: Seasonal Wines 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room: Special Events 3:30pm Vine To Wine: Is it Worth It?	9:00am Tidal Yoga 12:30pm Culinary Arts Class: Shucking Oysters 1:30pm Screening Room: 2:30pm Sippin' with the Somms: Uncorking the Americas 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room: Special Events Mediterranean Night Market at Théa	9:00am Tidal Yoga 12:30pm Culinary Arts Class: Mushroom Strudel 1:30pm Screening Room: 2:30pm Sippin' with the Somms: Dinner Party Wines 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room: Special Events 2:00pm Zoo Encounters: Web of Life	9:00am Barre 12:30pm Culinary Arts Class: Vegetarian Canapes 1:30pm Screening Room: 2:30pm Sippin' with the Somms: They're Classics for a Reason! 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room:	9:00am Tidal Yoga 12:30pm Culinary Arts Class: 1:30pm Screening Room: 2:30pm Sippin' with the Somms: European Treasures 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room: Special Events 7:00pm Family Beach Night: Spider-Man: Across the Spider-Verse	9:00am Tidal Yoga 12:30pm Culinary Arts Class: From Chickpeas to Hummus 1:30pm Screening Room: 2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room:

	08/16	08/17	08/18	08/19	08/20	08/21
FRIDAY SAT	ATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Restorative Pilates 12:30pm Culinary Arts Class: Guacamole 1:30pm Screening Room: 2:30pm Sippin' with the Somms: Bubbles All Around the World 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room: 5:00 Special Events 3:30pm In the Kitchen 5:00	00am – 10:00am offee Station 00am – 10:00am ostry Display 00am ot Pilates 00am dal Yoga 030pm office Station 00m offee Station 00am offee Station	SUNDAY 5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Tidal Yoga 12:30pm Culinary Arts Class: Shucking Oysters 1:30pm Screening Room: 2:30pm Sippin' with the Somms: Uncorking the Americas 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room: Special Events Mediterranean Night Market at Théa	5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Tidal Yoga 12:30pm Culinary Arts Class: Mushroom Strudel 1:30pm Screening Room: 2:30pm Sippin' with the Somms: Dinner Party Wines 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room:	5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Tidal Yoga 9:00am Barre 12:30pm Culinary Arts Class: Vegetarian Canapes 1:30pm Screening Room: 2:30pm Sippin' with the Somms: They're Classics for a Reason! 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room: Special Events 2:00pm Zoo Encounters: Home Around the World	S:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Tidal Yoga 12:30pm Culinary Arts Class: 1:30pm Screening Room: 2:30pm Sippin' with the Somms: European Treasures 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room: Special Events 6:00pm Ocean House Author Series: Wilbur Ross 7:00pm Family Beach Night: Transformers One	5:00am - 10:00am Coffee Station 7:00am - 10:00am Pastry Display 8:00am Mat Pilates 9:00am Tidal Yoga 12:30pm Culinary Arts Class: From Chickpeas to Hummus 1:30pm Screening Room: 2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of 3:30pm Guided History Tour of Ocean House 5:00pm Screening Room:

08/22	08/23	08/24	08/25	08/26	08/27	08/28
FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
5:00am – 10:00am Coffee Station	5:00am – 10:00am Coffee Station	5:00am – 10:00am Coffee Station	5:00am – 10:00am Coffee Station	5:00am – 10:00am Coffee Station	5:00am – 10:00am Coffee Station	5:00am – 10:00am Coffee Station
7:00am – 10:00am Pastry Display	7:00am – 10:00am Pastry Display	7:00am – 10:00am Pastry Display	7:00am – 10:00am Pastry Display	7:00am – 10:00am Pastry Display	7:00am – 10:00am Pastry Display	7:00am – 10:00am Pastry Display
8:00am Mat Pilates	8:00am Mat Pilates	8:00am Mat Pilates	8:00am Mat Pilates	8:00am Tidal Yoga	8:00am Mat Pilates	8:00am Mat Pilates
9:00am Restorative Pilates	9:00am Tidal Yoga	9:00am Tidal Yoga	9:00am Tidal Yoga	9:00am Barre	9:00am Tidal Yoga	9:00am Tidal Yoga
12:30pm Culinary Arts Class: Guacamole	12:30pm Culinary Arts Class: Fish Crudo	12:30pm Culinary Arts Class: Shucking Oysters	12:30pm Culinary Arts Class: Mushroom Strudel	12:30pm Culinary Arts Class: Vegetarian Canapes	12:30pm Culinary Arts Class:	12:30pm Culinary Arts Class: From Chickpeas to
1:30pm Screening Room:	1:30pm Screening Room:	1:30pm Screening Room:	1:30pm Screening Room:	1:30pm Screening Room:	1:30pm Screening Room: 2:30pm	Hummus 1:30pm Screening Room: 2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of 3:30pm Guided History
2:30pm Sippin' with the Somms: Bubbles All Around the World	2:30pm Sippin' with the Somms: Seasonal Wines	2:30pm Sippin' with the Somms: Uncorking the Americas	2:30pm Sippin' with the Somms: Dinner Party Wines	2:30pm Sippin' with the Somms: They're Classics for a Reason!	Sippin' with the Somms: European Treasures 3:30pm Guided History Tour of Ocean House	
3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House		
5:00pm Screening Room:	5:00pm Screening Room:	5:00pm Screening Room:	5:00pm Screening Room:	5:00pm Screening Room:	5:00pm Screening Room:	Tour of Ocean House
Special Events	Special Events	Special Events				5:00pm Screening Room:
3:30pm In the Kitchen Series: Mezze, Tapas, and Small Plates for Entertaining Guests	3:30pm Vine To Wine: Unexpected Treasures from the Cellar	Mediterranean Night Market at Théa				7:00pm Family Beach Night: Flow
6:00pm Lobster Boil & BBQ on the Beach						

08/29	08/30	08/31	SPECIAL EVENTS THIS MONTH
FRIDAY	SATURDAY	SUNDAY	August 1 st , 8 th , 15 th , 22 nd , 29 th : <i>Lobster Boil & BBQ on the Beach:</i> What better way to celebrate a beautiful summer evening than with a traditional New England Lobster Boil on Ocean House's pristine white sand
5:00am – 10:00am	5:00am – 10:00am	5:00am – 10:00am	beach? Indulge in the freshest seafood sourced from local waters, savor classic grilled favorites, and enjoy an array of delicious sides—all while the uplifting rhythms of a live steel drum band set the scene for a perfect night on the Atlantic. Your experience includes a lavish buffet, a limited open bar featuring house
Coffee Station	Coffee Station	Coffee Station	
7:00am – 10:00am	7:00am – 10:00am	7:00am – 10:00am	beer and wine, and refreshing soft drinks. \$165/ adult, \$68/ child ages 4-12, \$35/ child 3 & under (plus tax & service charge). Please note, tickets for this event are non-refundable unless canceled due to inclement
Pastry Display	Pastry Display	Pastry Display	
8:00am	8:00am	8:00am	weather. August 7th, 13th, 20th, 28th: <i>Family Beach Night:</i> Join us for a memorable evening by the ocean at Ocean
Mat Pilates	Mat Pilates	Mat Pilates	
9:00am	9:00am	9:00am	House Beach, featuring a delicious family-friendly meal and an outdoor screening of a different movie each week. Dine under the stars with the sound of the waves in the background, creating the perfect setting for a
Restorative Pilates	Tidal Yoga	Tidal Yoga	
12:30pm	12:30pm	12:30pm	relaxed and enjoyable night with loved ones. Guests will enjoy a thoughtfully curated menu that includes fresh salads, artisanal pizza, and gourmet burgers, along with classic movie accompaniments such as popcorn and a selection of desserts. A variety of beverages will be available, including soft drinks, beer, and house wine, ensuring a well-rounded dining experience. \$70/adult, \$38/child ages 4-12, Children ages 3 &
Culinary Arts Class:	Culinary Arts Class:	Culinary Arts Class:	
Guacamole	Fish Crudo	Shucking Oysters	
1:30pm	1:30pm	1:30pm	under are complimentary.
Screening Room:	Screening Room:	Screening Room:	
2:30pm Sippin' with the Somms: Bubbles All Around the World 3:30pm Guided History Tour of Ocean House	2:30pm Sippin' with the Somms: Seasonal Wines 3:30pm Guided History Tour of Ocean House	2:30pm Sippin' with the Somms: Uncorking the Americas 3:30pm Guided History Tour of Ocean House	August 3 rd , 10 th , 17 th , 24 th , 31 st : <i>Mediterranean Night Market at Théa:</i> Join us for a fun and elegant evening on the Ocean House beach, an experience that captures the flavorful cuisine and vibrant atmosphere of the Mediterranean coast. Enjoy a lavish spread of Mediterranean-inspired starters and salads, summertime soups like gazpacho with shrimp, and entrées such as leg of lamb, fresh grilled swordfish, shawarma, stuffed eggplant, and more. Plus, an impressive dessert selection, and all with complimentary house wine, beer, and live music. \$110/adult, \$55/child ages 4-12, \$25/child ages 3 & under (plus tax & service charge). <i>Please note that tickets to this event are non-refundable, except in the event of inclement weather, a call made by the hotel.</i>
5:00pm Screening Room: Special Events 3:30pm In the Kitchen Series: Mezze, Tapas, and Small Plates for Entertaining Guests 6:00pm Lobster Boil & BBQ on the Beach	5:00pm Screening Room: Special Events 3:30pm Vine To Wine: Uncovering the Wines of Europe	5:00pm Screening Room: Special Events Mediterranean Night Market at Théa	August 2nd. <i>Vine To Wine:</i> Wines of the Northeast USA: Join us at the Center for Wine and Culinary Arts at Ocean House for a delightful evening celebrating the wines of the Northeast United States, a region gaining recognition for its unique terroir and exceptional craftsmanship. Guided by Ocean House's Group Director of Wine, this engaging event offers guests the opportunity to explore a curated selection of wines from New York, Rhode Island, and Connecticut. \$95/per person, reservations required. August 9th. <i>Vine To Wine:</i> Is it worth it? Step into the world of wine with a class designed to challenge your perceptions and ask, "Is this wine worth it?" Embark on a unique and enlightening tasting journey where you'll compare high-end and affordable wines side-by-side, delving into the nuances that distinguish different price points. \$95/per person, reservations required. August 16th. <i>Vine To Wine:</i> Macallan Scotch: Join us for an unforgettable afternoon at the Center for Wine & Culinary Arts as we delve into the captivating world of The Macallan Scotch from Scotland. This exclusive event is tailored for whisky enthusiasts and connoisseurs, offering an immersive and educational experience you won't want to miss. \$150/person, reservations required. August 23rd. <i>Vine To Wine:</i> Unexpected Treasures from the Cellar. \$95/person, reservations required. August 30th. <i>Vine To Wine:</i> Uncovering the Wines of Europe. \$95/person, reservations required.

SPECIAL EVENTS THIS MONTH

August 1st, 8th, 15th, 22nd, 29th. *In the Kitchen Series: Mezze, Tapas, and Small Plates for Entertaining Guests:* Guests will help paper various dishes to prepare casual entertaining. Whether you're an experienced home cook or just beginning your culinary journey, this class is the perfect way to embrace spring's bounty in your own kitchen. \$110/guest, reservations required.

August 5th: **Zoo Encounters:** Wild Adaptations: Join us for the next event in our Zoo Encounters series, where guests (ages 3 and up) can experience live animals up close in partnership with Roger Williams Park Zoo! In Wild Adaptations, we'll explore how animals have evolved to survive in various climates and environments. From the coldest tundras to the hottest deserts, we'll learn how different species adapt to their surroundings, build their homes, and develop unique structural and behavioral traits to thrive. Through live animal encounters, guests will witness the incredible diversity of survival strategies in the animal kingdom. This intimate experience is designed to respect the animals' sensitivity to noise, so attendance is limited. Enjoy cookies and lemonade, with a glass of sparkling wine available for adults. \$25/Children ages 3 – 16, \$32/Adult (age 17+) (plus tax & service fee).

August 5th: *Making a Splash:* Resort Fashions in New England 1870-1900: Join Rebecca Kelly, Executive Director and Curator of the South County Museum, as she explores the transformative role of New England's resort towns, from Newport to Watch Hill, in shaping the fashion landscape during the Gilded Age. In this illustrated lecture, Rebecca will highlight how these seaside destinations helped propel New York's sportswear industry, establishing a distinct fashion identity separate from Paris's haute couture. The lecture will focus on the rise of the "Gibson Girl" aesthetic—sporty American women dressed in simple shirtwaists and walking skirts, idealized as the epitome of athletic elegance for activities like golf, tennis, and carriage driving. Rebecca will also showcase the vibrant clothing and millinery shops in Rhode Island, spotlighting the enterprising women who ran them and the impact they had on the region's fashion scene. Reservations are required. Please note that tickets purchased for this event are non-refundable. \$35/guests (plus taxes and fees).

August 6th: *Ocean House Author Series:* Beatriz Williams: Join us as Ocean House owner and award-winning author, Deborah Goodrich Royce moderates a conversation with a featured author. This week, *New York Times* bestselling author **Beatriz Williams** will be discussing (and signing) her latest novel *Under The Stars*: Tickets include wine, light bites, and a signed copy of the featured book, from Martin House Books. \$45/person (plus tax & service charge).

August 11th: **Zoo Encounters:** Web of Life: Join us for the next event in our **Zoo Encounters** series, where guests (ages 3 and up) can experience live animals up close in partnership with Roger Williams Park Zoo! In **Web of Life**, we'll explore the delicate balance of a healthy ecosystem and how different organisms are interrelated. From predators to prey, plants to animals, guests will learn how multiple species rely on one another to maintain the stability of their environment. Through live animal encounters, we'll see firsthand how interconnected all living things truly are. This intimate experience is designed to respect the animals' sensitivity to noise, so attendance is limited. Enjoy cookies and lemonade, with a glass of sparkling wine available for adults. \$25/Children ages 3 – 16, \$32/Adult (age 17+) (plus tax & service fee).

August 19th: **Zoo Encounters**: Home Around the World: Join us for the next event in our **Zoo Encounters** series, where guests (ages 3 and up) can experience live animals up close in partnership with Roger Williams Park Zoo! In **Homes Around the World**, we'll explore the diverse habitats where animals live and who calls each place home. Attendees will have the chance to sort animals into their respective environments by identifying the special survival characteristics that help them thrive. From the rainforests to the savannahs, discover how animals have adapted to their unique homes. This intimate experience is designed to respect the animals' sensitivity to noise, so attendance is limited. Enjoy cookies and lemonade, with a glass of sparkling wine available for adults. \$25/Children ages 3 – 16, \$32/Adult (age 17+) (plus tax & service fee).

August 20th: *Ocean House Author Series:* Wilbur Ross: Join us as Ocean House owner and award-winning author, Deborah Goodrich Royce moderates a conversation with a featured author. This week, *USA Today and Publisher's Weekly* bestselling author **Wilbur Ross** will be discussing (and signing) his latest novel: *Risks & Returns*. Tickets include wine, light bites, and a signed copy of the featured book, from Martin House Books. \$45/person (plus tax & service charge).