



OCEAN HOUSE
WATCH HILL, RHODE ISLAND

JANUARY RESORT ACTIVITIES



OCEAN HOUSE
— COLLECTION —





OCEAN HOUSE
WATCH HILL, RHODE ISLAND

COMPLIMENTARY RESORT ACTIVITIES



OCEAN HOUSE COLLECTION

CULINARY & WINE

Culinary Arts Demonstrations: Explore culinary creations of the Ocean House daily as our culinary team hosts Tastings and Demonstrations in our Center for Wine & Culinary Arts

Sippin' with the Somms: In the Center for Wine & Culinary Arts, our sommeliers will guide you through the basics of wine, tasting notes, and unique pairings with food, during our daily tasting sessions.

THE ARTS

Harpist: Join us for light refreshments & harp music in the lobby on Fridays & Saturdays at 3pm.

Pianist: Join us in the Lobby, Friday & Sunday from 6:30pm – 11pm for Piano Music with Michael Campbell.

Screening Room: Join us in our Screening Room for a movie classic!

Guided History Tour of Ocean House: Take a guided historic tour of the property. Please check in with Historian by the Fireplace.

Self-Guided Audio Art Tour of Ocean House: Take a self-guided audio tour around the hotel to learn about Ocean House's extensive art collection featuring Ludwig Bemelmans, Artwork by SEM, and various other art collections. The tour is approximately 60 minutes. Audio recordings can be obtained at the front desk.

OUTDOOR

Firepit: Join us at the Fire Pit in the Herb Garden from 6pm – 10pm. (Weather Dependent)

OCEAN & HARVEST SPA: WELLNESS

Adult Swim: Adult-only swim time daily from 7am - 9am & 7pm – 9pm in the pool. (Pool is open daily 5am – 11pm year-round)

Studio Pilates: A focused, full-body workout designed to strengthen your core, sculpt long, lean muscles, and increase flexibility. This class blends controlled movements and breathwork to help improve posture, stability, and tone in a calm, supportive environment.

Studio Yoga: A mindful, accessible flow that welcomes all levels and all bodies. Designed to help you build strength, increase flexibility, and find inner balance, this practice is perfect for grounding your energy and reconnecting with your breath.

Full Body Sculpt: Move to the rhythm in this energizing workout that blends strength, toning, and endurance. Using light hand weights or ankle weights, you'll flow through targeted movements that sculpt and lengthen muscles.

Guided Meditation: Step into a calming space designed to quiet the mind and restore balance. This guided meditation practice helps you release stress, deepen your breathing, and cultivate mindfulness. Through gentle techniques, you'll learn to focus inward, fostering a sense of clarity, peace, and renewal. Suitable for all levels, this class offers a moment of stillness to recharge both body and mind.

Tai Chi: This mindful movement class focuses on slow, intentional motions, deep breathing, and balance, helping to reduce stress and improve flexibility. Open to all levels, it's a peaceful way to center the body and mind in a beautiful setting.

1/01	1/02	1/03	1/04	1/05	1/06	1/07
THURSDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Zen Meditation 9:00am Yin Yoga 11:00am Screening Room: <i>The Super Mario Bros. Movie (PG)</i> 12:30pm Culinary Arts Class: <i>Sauce Basics</i> 2:30pm Sippin' with the Somms: <i>Great Wines You May Have Never Heard Of</i> 3:00pm Screening Room: <i>Happy Gilmore (PG-13)</i> 3:30pm Guided History Tour of Ocean House Special Events 10:00am New Year's Day Brunch in The Bistro	FRIDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Studio Pilates 9:00am Mind Flow Yoga 11:00am Screening Room: <i>Madagascar (PG)</i> 12:30pm Culinary Arts Class: <i>Canapes</i> 2:30pm Sippin' with the Somms: <i>Bubbles All Around the World</i> 3:00pm Screening Room: <i>Happy Gilmore (PG-13)</i> 3:30pm Guided History Tour of Ocean House Special Events 3:30pm In the Kitchen Series: <i>Pork & Chive Dumplings, Whole Steamed Fish, Long Life Noodles.</i>	SATURDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Studio Pilates 9:00am Iyengar Yoga 10:00am Tai Chi 11:00am Screening Room: <i>Madagascar: Escape 2 Africa</i> 12:30pm Culinary Arts Class: <i>Pairings for Cheese or Charcuterie</i> 2:30pm Sippin' with the Somms: <i>Seasonal Wines</i> 3:00pm Screening Room: <i>Notting Hill (PG-13)</i> 3:30pm Guided History Tour of Ocean House Special Events 3:30pm Vine To Wine: <i>Is it worth it?</i>	SUNDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Studio Pilates 9:00am Alignment & Form Yoga 10:00am Screening Room: <i>Penguins of Madagascar (PG)</i> 11:00am Culinary Arts Class: <i>One Pan Wonders</i> 2:30pm Sippin' with the Somms: <i>Uncorking the Americas</i> 3:00pm Screening Room: <i>The Family Man (PG-13)</i> 3:30pm Guided History Tour of Ocean House Special Events	MONDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Calming Meditation with Singing Bowls 9:00am Breath & Balance Yoga Closed at Noon	TUESDAY Closed	WEDNESDAY Open at Noon 12:30pm Culinary Arts Class: <i>Chocolate Covered Strawberries</i> 2:30pm Sippin' with the Somms: <i>European Treasures</i> 3:00pm Screening Room: <i>Spider-Man: Homecoming (PG-13)</i> 3:30pm Guided History Tour of Ocean House Special Events 5:30pm Aperitivo! <i>Wines of Spain</i>

1/08	1/09	1/10	1/11	1/12	1/13	1/14
THURSDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Zen Meditation 9:00am Yin Yoga 11:00am Screening Room: The Super Mario Bros. Movie (PG) 12:30pm Culinary Arts Class: Sauce Basics 2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of 3:00pm Screening Room: The Great Outdoors (PG) 3:30pm Guided History Tour of Ocean House	FRIDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Studio Pilates 9:00am Mind Flow Yoga 11:00am Screening Room: Madagascar (PG) 12:30pm Culinary Arts Class: Canapes 2:30pm Sippin' with the Somms: Bubbles All Around the World 3:00pm Screening Room: Happy Gilmore (PG-13) 3:30pm Guided History Tour of Ocean House Special Events 3:30pm In the Kitchen Series: Pork & Chive Dumplings, Whole Steamed Fish, Long Life Noodles.	SATURDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Studio Pilates 9:00am Iyengar Yoga 10:00am Tai Chi 11:00am Screening Room: Madagascar: Escape 2 Africa 12:30pm Culinary Arts Class: Pairings for Cheese or Charcuterie 2:30pm Sippin' with the Somms: Seasonal Wines 3:00pm Screening Room: Notting Hill (PG-13) 3:30pm Guided History Tour of Ocean House Special Events 3:30pm Vine To Wine: Winter Cocktails	SUNDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Studio Pilates 9:00am Alignment & Form Yoga 10:00am Screening Room: Penguins of Madagascar (PG) 12:30pm Culinary Arts Class: One Pan Wonders 2:30pm Sippin' with the Somms: Uncorking the Americas 3:00pm Screening Room: The Family Man (PG-13) 3:30pm Guided History Tour of Ocean House Special Events	MONDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Calming Meditation with Singing Bowls 9:00am Breath & Balance Yoga Closed at Noon	TUESDAY Closed	WEDNESDAY Open at Noon 12:30pm Culinary Arts Class: Chocolate Covered Strawberries 2:30pm Sippin' with the Somms: European Treasures 3:00pm Screening Room: Spider-Man: Homecoming (PG-13) 3:30pm Guided History Tour of Ocean House Special Events 5:30pm Aperitivo! Wines of Oregon

1/15	1/16	1/17	1/18	1/19	1/20	1/21
THURSDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Zen Meditation 9:00am Yin Yoga 11:00am Screening Room: The Super Mario Bros. Movie (PG) 12:30pm Culinary Arts Class: Sauce Basics 2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of 3:00pm Screening Room: The Great Outdoors (PG) 3:30pm Guided History Tour of Ocean House	FRIDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Studio Pilates 9:00am Mind Flow Yoga 11:00am Screening Room: Madagascar (PG) 12:30pm Culinary Arts Class: Canapes 2:30pm Sippin' with the Somms: Bubbles All Around the World 3:00pm Screening Room: Happy Gilmore (PG-13) 3:30pm Guided History Tour of Ocean House Special Events 3:30pm In the Kitchen Series: Pork & Chive Dumplings, Whole Steamed Fish, Long Life Noodles. 5:30pm Artist in Residence: Meet and Greet with Liz Goor	SATURDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Studio Pilates 9:00am Iyengar Yoga 10:00am Tai Chi 11:00am Screening Room: Madagascar: Escape 2 Africa 12:30pm Culinary Arts Class: Pairings for Cheese or Charcuterie 2:30pm Sippin' with the Somms: Seasonal Wines 3:00pm Screening Room: Notting Hill (PG-13) 3:30pm Guided History Tour of Ocean House Special Events 10:30am Artist in Residence: Artist Workshop Painting Acrylic Abstract Floral Design 3:30pm Vine To Wine: Sommelier Secrets	SUNDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Studio Pilates 9:00am Alignment & Form Yoga 11:00am Screening Room: Penguins of Madagascar (PG) 12:30pm Culinary Arts Class: One Pan Wonders 2:30pm Sippin' with the Somms: Uncorking the Americas 3:00pm Screening Room: The Family Man (PG-13) 3:30pm Guided History Tour of Ocean House Special Events	MONDAY 5:00am – 10:00am Coffee Station 7:00am – 10:00am Pastry Display 8:00am Calming Meditation with Singing Bowls 9:00am Breath & Balance Yoga Closed at Noon	TUESDAY Closed	WEDNESDAY Open at Noon 12:30pm Culinary Arts Class: Chocolate Covered Strawberries 2:30pm Sippin' with the Somms: European Treasures 3:00pm Screening Room: Spider-Man: Homecoming (PG-13) 3:30pm Guided History Tour of Ocean House Special Events 5:30pm Aperitivo! Piedmont, Italy

1/22	1/23	1/24	1/25	1/26	1/27	1/28
THURSDAY 5:00am – 10:00am <i>Coffee Station</i> 7:00am – 10:00am <i>Pastry Display</i> 8:00am <i>Zen Meditation</i> 9:00am <i>Yin Yoga</i> 11:00am <i>Screening Room: The Super Mario Bros. Movie (PG)</i> 12:30pm <i>Culinary Arts Class: Sauce Basics</i> 2:30pm <i>Sippin' with the Somms: Great Wines You May Have Never Heard Of</i> 3:00pm <i>Screening Room: The Great Outdoors (PG)</i> 3:30pm <i>Guided History Tour of Ocean House</i>	FRIDAY 5:00am – 10:00am <i>Coffee Station</i> 7:00am – 10:00am <i>Pastry Display</i> 8:00am <i>Studio Pilates</i> 9:00am <i>Mind Flow Yoga</i> 11:00am <i>Screening Room: Madagascar (PG)</i> 12:30pm <i>Culinary Arts Class: Canapes</i> 2:30pm <i>Sippin' with the Somms: Bubbles All Around the World</i> 3:00pm <i>Screening Room: Happy Gilmore (PG-13)</i> 3:30pm <i>Guided History Tour of Ocean House</i> Special Events 3:30pm <i>In the Kitchen Series: Pork & Chive Dumplings, Whole Steamed Fish, Long Life Noodles.</i>	SATURDAY 5:00am – 10:00am <i>Coffee Station</i> 7:00am – 10:00am <i>Pastry Display</i> 8:00am <i>Studio Pilates</i> 9:00am <i>Iyengar Yoga</i> 10:00am <i>Tai Chi</i> 11:00am <i>Screening Room: Penguins of Madagascar (PG)</i> 12:30pm <i>Culinary Arts Class: Madagascar: Escape 2 Africa</i> 1:30pm <i>Culinary Arts Class: Pairings for Cheese or Charcuterie</i> 2:30pm <i>Sippin' with the Somms: Seasonal Wines</i> 3:00pm <i>Screening Room: Notting Hill (PG-13)</i> 3:30pm <i>Guided History Tour of Ocean House</i> Special Events 3:30pm <i>Vine To Wine: Champagne & Sparkling Wines</i>	SUNDAY 5:00am – 10:00am <i>Coffee Station</i> 7:00am – 10:00am <i>Pastry Display</i> 8:00am <i>Studio Pilates</i> 9:00am <i>Alignment & Form Yoga</i> 11:00am <i>Screening Room: Penguins of Madagascar (PG)</i> 12:30pm <i>Culinary Arts Class: One Pan Wonders</i> 2:30pm <i>Sippin' with the Somms: Uncorking the Americas</i> 3:00pm <i>Screening Room: The Family Man (PG-13)</i> 3:30pm <i>Guided History Tour of Ocean House</i>	MONDAY 5:00am – 10:00am <i>Coffee Station</i> 7:00am – 10:00am <i>Pastry Display</i> 8:00am <i>Calming Meditation with Singing Bowls</i> 9:00am <i>Breath & Balance Yoga</i> Closed at Noon	TUESDAY Closed	WEDNESDAY Open at Noon 12:30pm <i>Culinary Arts Class: Chocolate Covered Strawberries</i> 2:30pm <i>Sippin' with the Somms: European Treasures</i> 3:00pm <i>Screening Room: Spider-Man: Homecoming (PG-13)</i> 3:30pm <i>Guided History Tour of Ocean House</i> Special Events 5:30pm <i>Aperitivo! Spain</i>

1/29	1/30	1/31	SPECIAL EVENTS THIS MONTH
<p>THURSDAY</p> <p>5:00am – 10:00am Coffee Station</p> <p>7:00am – 10:00am Pastry Display</p> <p>8:00am Zen Meditation</p> <p>9:00am Yin Yoga</p> <p>11:00am Screening Room: The Super Mario Bros. Movie (PG)</p> <p>12:30pm Culinary Arts Class: Sauce Basics</p> <p>2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of</p> <p>3:00pm Screening Room: The Great Outdoors (PG)</p> <p>3:30pm Guided History Tour of Ocean House</p>	<p>FRIDAY</p> <p>5:00am – 10:00am Coffee Station</p> <p>7:00am – 10:00am Pastry Display</p> <p>8:00am Studio Pilates</p> <p>9:00am Mind Flow Yoga</p> <p>11:00am Screening Room: Madagascar (PG)</p> <p>12:30pm Culinary Arts Class: Canapes</p> <p>2:30pm Sippin' with the Somms: Bubbles All Around the World</p> <p>3:00pm Screening Room: Happy Gilmore (PG-13)</p> <p>3:30pm Guided History Tour of Ocean House</p> <p>Special Events</p> <p>3:30pm In the Kitchen Series: Pork & Chive Dumplings, Whole Steamed Fish, Long Life Noodles.</p>	<p>SATURDAY</p> <p>5:00am – 10:00am Coffee Station</p> <p>7:00am – 10:00am Pastry Display</p> <p>8:00am Studio Pilates</p> <p>9:00am Iyengar Yoga</p> <p>10:00am Tai Chi</p> <p>11:00am Screening Room: Madagascar: Escape 2 Africa</p> <p>12:30pm Culinary Arts Class: Pairings for Cheese or Charcuterie</p> <p>2:30pm Sippin' with the Somms: Seasonal Wines</p> <p>3:00pm Screening Room: Notting Hill (PG-13)</p> <p>3:30pm Guided History Tour of Ocean House</p>	<p>January 1st. New Year's Day Brunch in The Bistro: Start the new year with a celebratory brunch at The Bistro, where elegance and warmth set the tone for 2026. Indulge in a seasonal menu featuring freshly baked pastries, local shellfish, charcuterie, and curated first and main course selections. The experience includes unlimited sparkling wine, juice, and coffee, while a live jazz trio performs in the lobby, adding a sophisticated ambiance to the morning. Valet parking is included, and attire is resort casual. The event is open to all, with reservations available through OpenTable, the Front Desk, or Destination Services. Pricing is \$130 per adult, \$65 for children ages 4 to 12, and \$25 for children under 3. A non-refundable deposit of \$25 per person is required at the time of booking.</p> <p>January 16th. Artist in Residence: Meet and Greet with Liz Goor: Join us for an intimate meet and greet with returning artist Liz Goor, featuring an engaging evening of conversation and a preview of her eye-catching acrylic abstract floral designs on canvas. Guests will enjoy visual samples that highlight her unique artistic style and offer a glimpse into the workshop she will be leading the following day. The evening will pair art and community in a relaxed setting with red and white house wine, a curated cheese display, and light refreshments. This is a wonderful opportunity to connect with fellow art enthusiasts while savoring conversation with the artist in an inspiring and entertaining environment. \$15/person, plus service charge.</p> <p>January 17th. Artist in Residence: Artist Workshop Painting Acrylic Abstract Floral Design: Join returning artist Liz Goor for a guided painting experience where you'll learn to create vibrant acrylic abstract floral designs on canvas. With Liz's engaging instruction and inspiring visual samples on display, participants will be guided step-by-step in crafting their own unique piece of art to take home and cherish for years to come. Set in an intimate and welcoming environment, the workshop includes coffee & tea, along with a pastry platter to enjoy throughout the session. Expect an entertaining and creative experience filled with light refreshments, conversation with the artist, and connection with fellow art enthusiasts. \$75/person, plus service charge. January 2nd, 9th, 16th, 23rd, 30th.</p> <p>Culinary & Wine</p> <p>In the Kitchen: Welcome the Year of the Fire Horse with culinary flair during Ocean House's <i>In the Kitchen</i> series, featuring a festive, hands-on cooking experience inspired by Chinese New Year traditions. Guided by our expert chefs, guests will learn to prepare symbolic celebratory dishes, including Pork and Chive Dumplings, Whole Steamed Fish, and Long Life Noodles. Along the way, you'll explore simple yet elevated techniques, meaningful ingredients, and vibrant flavors rooted in Lunar New Year customs. \$125/guest, plus service charge.</p>

SPECIAL EVENTS THIS MONTH

January 7th. **Aperitivo! Spain:** Join us at the Center for Wine and Culinary Arts at Ocean House for a delightful Aperitivo Class. Enjoy a tasting of both white and red Rioja and a new discovery from Priorat. The expertly crafted pairings will perfectly complement the bold, nuanced flavors of the wines. Whether you're looking to deepen your knowledge of wines from Spain or simply enjoy an evening of delicious pairings and conversation, this Aperitivo Class promises to be a memorable experience. \$35/OH guests and members, \$45/day guests, plus service charge.

January 14th. **Aperitivo! Oregon:** Join us at the Center for Wine and Culinary Arts at Ocean House for a delightful Aperitivo Class. Enjoy a tasting of three Willamette valley wines, Pinot Noir, Chardonnay, Riesling from our favorite growers. The expertly crafted pairings will perfectly complement the bold, nuanced flavors of the wines. Whether you're looking to deepen your knowledge of wines from Oregon or simply enjoy an evening of delicious pairings and conversation, this Aperitivo Class promises to be a memorable experience. \$35/OH guests and members, \$45/day guests, plus service charge.

January 21st. **Aperitivo! Piedmont, Italy:** Join us at the Center for Wine and Culinary Arts at Ocean House for a delightful Aperitivo Class. Enjoy a tasting of the indigenous wines of Piedmont, the stunning white Timorasso, a lighthearted Grignolino and the noble Barolo. The expertly crafted pairings will perfectly complement the bold, nuanced flavors of the wines. Whether you're looking to deepen your knowledge of wines from Oregon or simply enjoy an evening of delicious pairings and conversation, this Aperitivo Class promises to be a memorable experience. \$35/OH guests and members, \$45/day guests, plus service charge.

January 28th. **Aperitivo! Spain:** Join us at the Center for Wine and Culinary Arts at Ocean House for a delightful Aperitivo Class. Enjoy a tasting of both white and red Rioja and a new discovery from Priorat.. The expertly crafted pairings will perfectly complement the bold, nuanced flavors of the wines. Whether you're looking to deepen your knowledge of wines from Spain or simply enjoy an evening of delicious pairings and conversation, this Aperitivo Class promises to be a memorable experience. \$35/OH guests and members, \$45/day guests, plus service charge.

January 3rd. **From Vine to Wine: Is It Worth It?:** Step into the world of wine with a class designed to challenge your perceptions and ask, "Is this wine worth it?" Embark on a unique and enlightening tasting journey where you'll compare high-end and affordable wines side-by-side, delving into the nuances that distinguish different price points. \$95/per person, reservations required.

January 10th. **From Vine to Wine: Winter Cocktails:** Spend a meaningful afternoon with our Wine Director learning about Winter Cocktails! \$95/per person, reservations required.

January 17th. **From Vine to Wine: Sommelier Secrets:** Join our Group Director of Wine, Matthew, along with our team of expert Sommeliers, for an exclusive journey into the world of unique and hidden wine gems. In our Center for Wine and Culinary Arts, you'll explore wines from off the beaten path—lesser-known brands from across the globe, including some that even the most seasoned connoisseurs would consider best-kept secrets. You may discover a bold, exciting new wine or savor a locally produced favorite. With a curated selection from our Ocean House Cellar, this tasting experience offers the perfect opportunity to uncover something fresh and extraordinary. \$95/ per person, reservations required.

January 24th. **From Vine to Wine: Champagne & Sparkling Wines.** Explore sparkling wines from around the world. Taste and learn about bubbly wines from Europe including an iconic Champagne and some delicious surprises from the new world. \$115/person, reservations required.