



OCEAN HOUSE
WATCH HILL, RHODE ISLAND

JULY RESORT ACTIVITIES



OCEAN HOUSE
— COLLECTION —



CULINARY & WINE

Culinary Tips and Techniques: Explore culinary creations of the Ocean House daily as our culinary team hosts Culinary Tips and Techniques in our Center for Wine & Culinary Arts

Sippin' with the Somms: In the Center for Wine & Culinary Arts, our sommeliers will guide you through the basics of wine, tasting notes, and unique pairings with food, during our daily tasting sessions.

THE ARTS

Harpist: Join us in the Lobby for harp music on Friday through Sundays from 2:00pm - 5:00pm with light refreshments from 3:00pm.

Pianist: Join us in the Lobby, Wednesday through Sundays from 6:30pm - 11:00pm for live piano performances Al Copley.

Screening Room: Join us in our Screening Room for a movie classic!

Guided History Tour of Ocean House: Take a guided historic tour of the property. Please check in with Historian by the Fireplace.

Self-Guided Audio Art Tour of Ocean House: Take a self-guided audio tour around the hotel to learn about Ocean House's extensive art collection featuring Ludwig Bemelmans, Artwork by SEM, and various other art collections. The tour is approximately 60 minutes. Audio recordings can be obtained at the front desk.

OUTDOOR

Firepit: Join us at the Fire Pit in the Herb Garden from 6pm – 10pm. (Weather Dependent)

Croquet Skills Clinic: Join our Croquet professional Matt Smith for our half-hour Croquet Skills Clinic

OCEAN & HARVEST SPA: WELLNESS

Adult Swim: Adult-only swim time daily from 7am - 9am & 7pm – 9pm in the pool. (Pool is open daily 5am – 11pm year-round)

Studio Yoga: A mindful, accessible flow that welcomes all levels and all bodies.

Full Body Sculpt: Move to the rhythm in this energizing workout that blends strength, toning, and endurance. Using light hand weights or ankle weights, you'll flow through targeted movements that sculpt and lengthen muscles.

Zen Meditation: Step into a calming space designed to quiet the mind and restore balance.

Tai Chi: This mindful movement class focuses on slow, intentional motions, deep breathing, and balance, helping to reduce stress and improve flexibility.

Yin Yoga: Reconnect mind and body through this calming yoga practice focused on breath awareness, balance, and gentle movement.

HIT (High-Intensity Interval Training): This full-body workout combines bursts of cardio and strength exercises designed to improve stamina, build muscle, and boost metabolism.

Calming Meditation with Singing Bowls: Unwind and restore balance with this deeply relaxing guided meditation experience enhanced by the soothing tones of singing bowls.

Breath & Balance Yoga: Reconnect mind and body through this calming yoga practice focused on breath awareness, balance, and gentle movement.

Iyengar Yoga: This class emphasizes precision, posture, balance, and breath awareness through carefully guided poses and controlled movements.

Alignment & Form Yoga: Enhance strength, stability, and body awareness through this alignment-focused yoga class designed to refine posture and movement.

Kids Beach Yoga: Playful poses, sandy adventures, and big smiles

Beach Yoga: Serene poses with ocean's embrace.

Beach Pilates: Energizing workouts on the sand, embracing the sun and sea.

7/01	7/02	7/03	7/04	7/05	7/06	7/07
WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station
7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display
8:00am Zen Meditation	8:00am Iyengar Yoga	8:00am Zen Meditation	8:00am Beach Yoga	8:00am Beach Yoga	8:00am Calming Meditation with Singing Bowls	8:00am Studio Pilates
9:00am Iyengar Yoga	9:00am Studio Pilates	9:00am Alignment & Form Yoga	9:00am Beach Pilates	8:00am Studio Pilates	9:00am Breath & Balance Yoga	9:00am Full Body Sculpt
10:30am – 11:00am Croquet Skills Clinic	10:00am Yin Yoga	10:00am Kids Beach Yoga	9:30am – 10:00am Croquet Skills Clinic	9:00am Alignment & Form Yoga	10:00am Kids Beach Yoga	11:00am Screening Room: The Pout-Pout Fish (PG)
11:00am Screening Room: The Nut Job (PG)	10:30am – 11:00am Croquet Skills Clinic	10:30am – 11:00am Croquet Skills Clinic	10:00am Tai Chi	10:00am Tai Chi	11:00am Screening Room: The Last Unicorn (G)	12:30pm Culinary Tips and Techniques: Pasta Dumplings
12:30pm Culinary Tips and Techniques:	11:00am Screening Room: Sonic The Hedgehog 3 (PG)	11:00am Screening Room: Beethoven (1992) (PG)	10:00am Kids Beach Yoga	10:30am – 11:00am Croquet Skills Clinic	12:30pm Culinary Tips and Techniques: The Incredible Edible Egg	2:30pm Sippin' with the Somms: They're Classics for a Reason!
2:30pm Sippin' with the Somms: European Treasures	12:30pm Culinary Tips and Techniques: Sauce Basics	12:30pm Culinary Tips and Techniques: Canapes	11:00am Screening Room: Despicable Me 4 (PG)	11:00am Screening Room: Migration (PG)	Sippin' with the Somms: Dinner Party Wines	3:00pm Screening Room: Aquaman and the Lost Kingdom (PG-13)
3:00pm Screening Room: Mr. & Mrs. Smith (PG-13)	2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of	2:30pm Sippin' with the Somms: Bubbles All Around the World	12:30pm Culinary Tips and Techniques: Pairings for Cheese or Charcuterie	12:30pm Culinary Tips and Techniques: One Pan Wonders	3:00pm Screening Room: Legally Blonde 2 (PG-13)	3:30pm Guided History Tour of Ocean House
3:30pm Guided History Tour of Ocean House	3:00pm Screening Room: Napoleon Dynamite (PG)	3:00pm Screening Room: Beetlejuice Beetlejuice (PG-13)	2:30pm Sippin' with the Somms: Seasonal Wines	2:30pm Sippin' with the Somms: Uncorking the Americas	Sippin' with the Somms: Dinner Party Wines	
4:00pm Yin Yoga	3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House	3:00pm Screening Room: Hoosiers (PG)	3:00pm Screening Room: Legally Blonde (PG-13)	3:30pm Guided History Tour of Ocean House	
Special Events	Special Events		Special Events			
5:00pm Ocean House Author Series: Luanne Rice	7:30pm Family Movie Night: Paddington 2	4:00pm Yin Yoga	7:00pm Independence Day on Seaside Terrace			
			7:00pm Beach Ball 2026			

7/08	7/09	7/10	7/11	7/12	7/13	7/14
WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station
7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display
8:00am Zen Meditation	8:00am Iyengar Yoga	8:00am Zen Meditation	8:00am Beach Yoga	8:00am Beach Yoga	8:00am Calming Meditation with Singing Bowls	8:00am Studio Pilates
9:00am Iyengar Yoga	9:00am Studio Pilates	9:00am Alignment & Form Yoga	9:00am Beach Pilates	8:00am Studio Pilates	9:00am Breath & Balance Yoga	9:00am Full Body Sculpt
10:30am – 11:00am Croquet Skills Clinic	10:00am Yin Yoga	10:00am Kids Beach Yoga	9:30am – 10:00am Croquet Skills Clinic	9:00am Alignment & Form Yoga	10:00am Kids Beach Yoga	11:00am Screening Room: The Pout-Pout Fish (PG)
11:00am Screening Room: The Nut Job (PG)	10:30am – 11:00am Croquet Skills Clinic	10:30am – 11:00am Croquet Skills Clinic	10:00am Tai Chi	10:00am Tai Chi	11:00am Screening Room: The Last Unicorn (G)	12:30pm Culinary Tips and Techniques: Umami 101
12:30pm Culinary Tips and Techniques: One Pan "Pickup"	11:00am Screening Room: Sonic The Hedgehog 3 (PG)	11:00am Screening Room: Beethoven (1992) (PG)	10:00am Kids Beach Yoga	10:30am – 11:00am Croquet Skills Clinic	12:30pm Culinary Tips and Techniques: Seafood Basics	2:30pm Sippin' with the Somms: They're Classics for a Reason!
2:30pm Sippin' with the Somms: European Treasures	12:30pm Culinary Tips and Techniques: Sauce Basics	12:30pm Culinary Tips and Techniques: Canapes	11:00am Screening Room: Despicable Me 4 (PG)	11:00am Screening Room: Migration (PG)	Sippin' with the Somms: Dinner Party Wines	3:00pm Screening Room: Aquaman and the Lost Kingdom (PG-13)
3:00pm Screening Room: Mr. & Mrs. Smith (PG-13)	2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of	2:30pm Sippin' with the Somms: Bubbles All Around the World	12:30pm Culinary Tips and Techniques: Pairings for Cheese or Charcuterie	12:30pm Culinary Tips and Techniques: Secrets of Blended Sauces and Emulsions	3:00pm Screening Room: Legally Blonde 2 (PG-13)	3:30pm Guided History Tour of Ocean House
3:30pm Guided History Tour of Ocean House	3:00pm Screening Room: Napoleon Dynamite (PG)	3:00pm Screening Room: Beetlejuice Beetlejuice (PG-13)	2:30pm Sippin' with the Somms: Seasonal Wines	2:30pm Sippin' with the Somms: Uncorking the Americas	Sippin' with the Somms: Dinner Party Wines	
4:00pm Yin Yoga	3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House	3:00pm Screening Room: Hoosiers (PG)	3:00pm Screening Room: Legally Blonde (PG-13)	3:30pm Guided History Tour of Ocean House	
Special Events			3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House		
5:00pm Ocean House Author Series: Beatriz Williams		4:00pm Yin Yoga	Special Events	Special Events		
		Special Events	3:30pm From Vine to Wine: Summer Cocktails	7:00pm Spa Session Sound Bath		
		6:00pm Lobster Boil & BBQs on the Beach				

7/15	7/16	7/17	7/18	7/19	7/20	7/21
WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station
7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display
8:00am Zen Meditation	8:00am Iyengar Yoga	8:00am Zen Meditation	8:00am Beach Yoga	8:00am Beach Yoga	8:00am Calming Meditation with Singing Bowls	8:00am Studio Pilates
9:00am Iyengar Yoga	9:00am Studio Pilates	9:00am Alignment & Form Yoga	9:00am Beach Pilates	8:00am Studio Pilates	9:00am Breath & Balance Yoga	9:00am Full Body Sculpt
10:30am – 11:00am Croquet Skills Clinic	10:00am Yin Yoga	10:00am Kids Beach Yoga	9:30am – 10:00am Croquet Skills Clinic	9:00am Alignment & Form Yoga	10:00am Kids Beach Yoga	11:00am Screening Room: The Pout-Pout Fish (PG)
11:00am Screening Room: The Nut Job (PG)	10:30am – 11:00am Croquet Skills Clinic	10:30am – 11:00am Croquet Skills Clinic	10:00am Tai Chi	10:00am Tai Chi	11:00am Screening Room: The Last Unicorn (G)	12:30pm Culinary Tips and Techniques: Umami 101
12:30pm Culinary Tips and Techniques: One Pan "Pickup"	11:00am Screening Room: Sonic The Hedgehog 3	11:00am Screening Room: Beethoven (1992) (PG)	10:00am Kids Beach Yoga	10:30am – 11:00am Croquet Skills Clinic	12:30pm Culinary Tips and Techniques: Seafood Basics	2:30pm Sippin' with the Somms: They're Classics for a Reason!
2:30pm Sippin' with the Somms: European Treasures	12:30pm Culinary Tips and Techniques: French Omelet	12:30pm Culinary Tips and Techniques: Hors D' Oeuvres	11:00am Screening Room: Despicable Me 4 (PG)	11:00am Screening Room: Migration (PG)	Sippin' with the Somms: Dinner Party Wines	3:00pm Screening Room: Aquaman and the Lost Kingdom (PG-13)
3:00pm Screening Room: Mr. & Mrs. Smith (PG-13)	2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of	2:30pm Sippin' with the Somms: Bubbles All Around the World	12:30pm Culinary Tips and Techniques: Grilled Cheese, Elevated	12:30pm Culinary Tips and Techniques: Secrets of Blended Sauces and Emulsions	3:00pm Screening Room: Legally Blonde 2 (PG-13)	3:30pm Guided History Tour of Ocean House
3:30pm Guided History Tour of Ocean House	3:00pm Screening Room: Napoleon Dynamite (PG)	3:00pm Screening Room: Beetlejuice Beetlejuice (PG-13)	2:30pm Sippin' with the Somms: Seasonal Wines	2:30pm Sippin' with the Somms: Uncorking the Americas	Sippin' with the Somms: Dinner Party Wines	
4:00pm Yin Yoga	3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House	3:00pm Screening Room: Hoosiers (PG)	3:00pm Screening Room: Legally Blonde (PG-13)	3:30pm Guided History Tour of Ocean House	
Special Events	Special Events	4:00pm Yin Yoga	3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House		
3:00pm Red, White, & Bloom Garden Party	5:00pm Ocean House Author Series: Debra Curtis, Shannon Garvey, & Jenna Bush Hager		Special Events			
7:30pm Family Movie Night: Wonka	6:00pm Lobster Boil & BBQs on the Beach		3:30pm From Vine to Wine: Wines of Oregon			

7/22	7/23	7/24	7/25	7/26	7/27	7/28
WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station	5:00am – 9:30am Coffee Station
7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display	7:00am – 9:30am Pastry Display
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10:30am – 11:00am Croquet Skills Clinic	10:00am Yin Yoga	10:00am Kids Beach Yoga	9:30am – 10:00am Croquet Skills Clinic	9:00am Alignment & Form Yoga	10:00am Kids Beach Yoga	11:00am Screening Room: The Pout-Pout Fish (PG)
11:00am Screening Room: The Nut Job (PG)	10:30am – 11:00am Croquet Skills Clinic	10:30am – 11:00am Croquet Skills Clinic	10:00am Tai Chi	10:00am Tai Chi	11:00am Screening Room: The Last Unicorn (G)	12:30pm Culinary Tips and Techniques: Umami 101
12:30pm Culinary Tips and Techniques: One Pan "Pickup"	11:00am Screening Room: Sonic The Hedgehog 3 (PG)	11:00am Screening Room: Beethoven (1992) (PG)	11:00am Screening Room: Despicable Me 4 (PG)	10:30am – 11:00am Croquet Skills Clinic	12:30pm Culinary Tips and Techniques: Seafood Basics	2:30pm Sippin' with the Somms: They're Classics for a Reason!
2:30pm Sippin' with the Somms: European Treasures	12:30pm Culinary Tips and Techniques: French Omelet	12:30pm Culinary Tips and Techniques: Hors D' Oeuvres	12:30pm Culinary Tips and Techniques: Grilled Cheese, Elevated	11:00am Screening Room: Migration (PG)	Sippin' with the Somms: Dinner Party Wines	3:00pm Screening Room: Aquaman and the Lost Kingdom (PG-13)
3:00pm Screening Room: Mr. & Mrs. Smith (PG-13)	2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of	2:30pm Sippin' with the Somms: Bubbles All Around the World	2:30pm Sippin' with the Somms: Seasonal Wines	12:30pm Culinary Tips and Techniques: Secrets of Blended Sauces and Emulsions	3:00pm Screening Room: Legally Blonde 2 (PG-13)	3:30pm Guided History Tour of Ocean House
3:30pm Guided History Tour of Ocean House	3:00pm Screening Room: Napoleon Dynamite (PG)	3:00pm Screening Room: Beetlejuice Beetlejuice (PG-13)	3:00pm Screening Room: Hoosiers (PG)	2:30pm Sippin' with the Somms: Uncorking the Americas	3:30pm Guided History Tour of Ocean House	
4:00pm Yin Yoga	3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House	3:30pm Guided History Tour of Ocean House	3:00pm Screening Room: Legally Blonde (PG-13)		
Special Events	Special Events		Special Events	3:30pm Guided History Tour of Ocean House		
3:00pm Red, White, & Bloom Garden Party	6:00pm Lobster Boil & BBQs on the Beach		3:30pm From Vine to Wine: Wines of Burgundy			
5:00pm Ocean House Author Series: Don Winslow						
7:30pm Family Movie Night: Freakier Friday						

7/29	7/30	7/31	SPECIAL EVENTS THIS MONTH
WEDNESDAY 5:00am – 9:30am Coffee Station 7:00am – 9:30am Pastry Display 8:00am Zen Meditation 9:00am Iyengar Yoga 10:30am – 11:00am Croquet Skills Clinic 11:00am Screening Room: <i>The Nut Job (PG)</i> 12:30pm Culinary Tips and Techniques: One Pan "Pickup" 2:30pm Sippin' with the Somms: European Treasures 3:00pm Screening Room: <i>Mr. & Mrs. Smith (PG-13)</i> 3:30pm Guided History Tour of Ocean House 4:00pm Yin Yoga Special Events Spa Session Full Moon Sound Bath	THURSDAY 5:00am – 9:30am Coffee Station 7:00am – 9:30am Pastry Display 8:00am Iyengar Yoga 9:00am Studio Pilates 10:00am Yin Yoga 10:30am – 11:00am Croquet Skills Clinic 11:00am Screening Room: <i>Sonic The Hedgehog 3 (PG)</i> 12:30pm Culinary Tips and Techniques: <i>French Omelet</i> 2:30pm Sippin' with the Somms: Great Wines You May Have Never Heard Of 3:00pm Screening Room: <i>Napoleon Dynamite (PG)</i> 3:30pm Guided History Tour of Ocean House Special Events 7:30pm Family Movie Night: <i>How to Train Your Dragon</i>	FRIDAY 5:00am – 9:30am Coffee Station 7:00am – 9:30am Pastry Display 8:00am Zen Meditation 9:00am Alignment & Form Yoga 10:00am Kids Beach Yoga 10:30am – 11:00am Croquet Skills Clinic 11:00am Screening Room: <i>Beethoven (1992) (PG)</i> 12:30pm Culinary Tips and Techniques: <i>Hors D' Oeuvres</i> 2:30pm Sippin' with the Somms: Bubbles All Around the World 3:00pm Screening Room: <i>Beetlejuice Beetlejuice (PG-13)</i> 3:30pm Guided History Tour of Ocean House 4:00pm HIT Special Events 6:00pm Lobster Boil & BBQs on the Beach	July 1st. Ocean House Author Series: <i>Luanne Rice</i>: Join us as Ocean House owner and award-winning author, Deborah Goodrich Royce moderates a conversation with a featured author. This week, <i>New York Times</i> bestselling author Luanne Rice will be discussing (and signing) her latest novel <i>Until Midnight</i>. Tickets include wine, light bites, and a signed copy of the featured book, from Martin House Books. \$45/guest, plus tax & service charge. July 2nd. Family Movie Night: <i>Paddington 2</i>: Join us for a memorable evening by the ocean at Ocean House Beach, featuring a delicious family-friendly meal and an outdoor screening of <i>Paddington 2</i>. Dine under the stars with the sound of the ocean in the background, creating the perfect setting for a relaxed and enjoyable night with loved ones. For an added surprise, best dressed guests will win a voucher to Below Deck! Guests will enjoy a tasty buffet that includes fresh salads, pizza, and burgers, along with classic movie accompaniments such as popcorn and an ice cream bar. A variety of beverages will be available, including soft drinks, beer, house wine, and a specialty cocktail. Dinner service begins at 7:30 p.m., allowing guests to savor their meals in a picturesque beachside setting. As night falls, the movie screening will begin around 8:15, offering an immersive cinematic experience under the open sky. \$70/adults, \$45/children age 4-12, Complimentary for children 3 and under, plus tax & service charge. July 4th. Independence Day on Seaside Terrace: Celebrate America's 250th Anniversary in style at Ocean House's Annual Independence Day Beach Ball on Seaside Terrace. Seating on Seaside Terrace provides the perfect setting to enjoy a traditional New England Lobster Boil featuring the freshest summertime seafood, inspired sides, and innovative fare, along with a specialty sushi station. Sip specialty cocktails, beer, and wine as you watch a magnificent fireworks display from Seaside Terrace in honor of 250 years of American independence. \$215/adults, \$75 for children 12 & under, plus tax & service charge. July 4th. Beach Ball 2026: Join us for our annual July Fourth Beach Ball Bash at Ocean House as we celebrate America's 250th Anniversary. Enjoy an open bar, live entertainment, and a festive seaside celebration featuring an abundant summer buffet, raw bar, grill stations, and a traditional South County lobster boil. The evening concludes with a spectacular fireworks display over the ocean in honor of 250 years of American independence. \$315/Adult, \$150/children ages 12 & under, plus tax & service charge.

SPECIAL EVENTS THIS MONTH

July 8th. ***Ocean House Author Series: Beatriz Williams:*** Join us as Ocean House owner and award-winning author, Deborah Goodrich Royce moderates a conversation with a featured author. This week, *New York Times* bestselling author **Beatriz Williams** will be discussing (and signing) her latest novel *When You Loved Me*. Tickets include wine, light bites, and a signed copy of the featured book, from Martin House Books. \$45/guest, plus tax & service charge.

July 8th. ***Ocean House Author Series: Beatriz Williams:*** Join us as Ocean House owner and award-winning author, Deborah Goodrich Royce moderates a conversation with a featured author. This week, *New York Times* bestselling author **Beatriz Williams** will be discussing (and signing) her latest novel *When You Loved Me*. Tickets include wine, light bites, and a signed copy of the featured book, from Martin House Books. \$45/guest, plus tax & service charge.

July 10th, 16th, 23rd, and 31st. ***Lobster Boil & BBQs on the Beach:*** What better way to celebrate a beautiful summer evening than with a traditional New England Lobster Boil on Ocean House's pristine white sand beach? Indulge in the freshest seafood sourced from local waters, savor classic grilled favorites, and enjoy an array of delicious sides—all while the uplifting rhythms of a live steel drum band set the scene for a perfect night on the Atlantic. Your experience includes a lavish buffet, a limited open bar featuring house beer and wine, and refreshing soft drinks. Cabanas are available for groups of 8-10 people (price includes Cabana and tickets for the boil). \$175/Adults, \$75/Children 4-12, \$35/Children 3 & under. \$400/Classic Cabana Lounge (Includes Cabana only, tickets for Lobster Boil are separate), and \$650/Signature Cabana Lounge (Includes Cabana only, tickets for Lobster Boil are separate), plus tax & service charge.

July 12th. ***Spa Session Sound Bath:*** A beautiful way to unwind from the week- a hot cup of tea, an invigorating eucalyptus steam, and then a sound bath session in our private lounge facing the ocean, where the aural tones send your cares drifting away. This session invites release, renewal, and a deeper connection to your inner calm. Ideal for a first time experience as we explain and introduce the concepts of sound therapy, do guided breathing as a group, and then ease into the meditative practice of sound. \$75/guest, plus tax & service charge.

July 15th & July 22nd. ***Red, White, & Bloom Garden Party:*** Join us for our elegant summer garden party series in celebration of America's 250th anniversary. Guests are invited to sip specialty patriotic cocktails alongside beer and wine, enjoy thoughtfully prepared lite bites, and take in live acoustic bluegrass music performed by a talented duo. A polished yet relaxed New England soiree, perfect for savoring the season. \$110/guest, plus tax & service fee.

July 15th. ***Family Movie Night: Wonka:*** Join us for a memorable evening by the ocean at Ocean House Beach, featuring a delicious family-friendly meal and an outdoor screening of *Wonka*. Dine under the stars with the sound of the ocean in the background, creating the perfect setting for a relaxed and enjoyable night with loved ones. For an added surprise, best dressed guests will win a voucher to Below Deck! Guests will enjoy a tasty buffet that includes fresh salads, pizza, and burgers, along with classic movie accompaniments such as popcorn and an ice cream bar. A variety of beverages will be available, including soft drinks, beer, house wine, and a specialty cocktail. Dinner service begins at 7:30 p.m., allowing guests to savor their meals in a picturesque beachside setting. As night falls, the movie screening will begin around 8:15, offering an immersive cinematic experience under the open sky. \$70/adults, \$45/children age 4-12, Complimentary for children 3 and under, plus tax & service charge.

July 16th. ***Ocean House Author Series: Debra Curtis, Shannon Garvey, & Jenna Bush Hager:*** Join us as Ocean House owner and award-winning author, **Deborah Goodrich Royce** moderates a conversation with a featured author. This week, debut authors **Debra Curtis** (*Laws of Love and Logic*) and **Shannon Garvey** (*June Baby*) will be discussing (and signing) their novels. **Jenna Bush Hager** will be joining Debra and Shannon in conversation with Deborah! Tickets include wine, light bites, and a signed copy of one of the featured books. Martin House Books will have additional copies of both books available for purchase at the event! \$45/guest, plus tax & service charge.

SPECIAL EVENTS THIS MONTH

July 22nd. ***Ocean House Author Series: Don Winslow***: Join us as Ocean House owner and award-winning author, Deborah Goodrich Royce moderates a conversation with a featured author. This week, *New York Times* bestselling author **Don Winslow** will be discussing (and signing) his latest novel *The Final Score*. Tickets include wine, light bites, and a signed copy of the featured book, from Martin House Books. \$45/guest, plus tax & service charge.

July 22nd. ***Family Movie Night: Freakier Friday***: Join us for a memorable evening by the ocean at Ocean House Beach, featuring a delicious family-friendly meal and an outdoor screening of *Freakier Friday*. Dine under the stars with the sound of the ocean in the background, creating the perfect setting for a relaxed and enjoyable night with loved ones. For an added surprise, best dressed guests will win a voucher to Below Deck! Guests will enjoy a tasty buffet that includes fresh salads, pizza, and burgers, along with classic movie accompaniments such as popcorn and an ice cream bar. A variety of beverages will be available, including soft drinks, beer, house wine, and a specialty cocktail. Dinner service begins at 7:30 p.m., allowing guests to savor their meals in a picturesque beachside setting. As night falls, the movie screening will begin around 8:15, offering an immersive cinematic experience under the open sky. \$70/adults, \$45/children age 4-12, Complimentary for children 3 and under, plus tax & service charge.

July 29th. ***Spa Session Full Moon Sound Bath***: A beautiful way to unwind from the week- a hot cup of tea, an invigorating eucalyptus steam, and then a sound bath session in our private lounge facing the ocean, where the aural tones send your cares drifting away. Aligned with the energy of the full moon, this session invites release, renewal, and a deeper connection to your inner calm. Ideal for a first time experience as we explain and introduce the concepts of sound therapy, do guided breathing as a group, and then ease into the meditative practice of sound. \$75/guest, plus tax & service charge.

July 30th. ***Family Movie Night: How to Train Your Dragon***: Join us for a memorable evening by the ocean at Ocean House Beach, featuring a delicious family-friendly meal and an outdoor screening of *How to Train Your Dragon*. Dine under the stars with the sound of the ocean in the background, creating the perfect setting for a relaxed and enjoyable night with loved ones. For an added surprise, best dressed guests will win a voucher to Below Deck! Guests will enjoy a tasty buffet that includes fresh salads, pizza, and burgers, along with classic movie accompaniments such as popcorn and an ice cream bar. A variety of beverages will be available, including soft drinks, beer, house wine, and a specialty cocktail. Dinner service begins at 7:30 p.m., allowing guests to savor their meals in a picturesque beachside setting. As night falls, the movie screening will begin around 8:15, offering an immersive cinematic experience under the open sky. \$70/adults, \$45/children age 4-12, Complimentary for children 3 and under, plus tax & service charge.

Culinary & Wine

July 11th. ***From Vine to Wine: Summer Cocktails***: This hands-on class invites you to explore the art of mixology, crafting fresh and vibrant cocktails that capture the essence of summer. Using seasonal ingredients, herbs, and premium spirits, our expert instructor will guide you through the techniques and recipes for creating refreshing, beautifully balanced cocktails perfect for warm-weather entertaining. Whether you're a cocktail enthusiast or a curious beginner, this interactive experience will leave you inspired to shake, stir, and sip your way into summer. \$95/guest, plus tax & service charge.

July 18th. ***From Vine to Wine: Wines of Oregon***: Join us for an unforgettable afternoon at the Center for Wine & Culinary Arts as we delve into Oregon wines. During this special tasting, you'll sample a curated selection of wines from Oregon and learn the secrets behind the production process, flavor profiles. \$115/guest, plus tax & service charge.

July 25th. ***From Vine to Wine: Wines of Burgundy***: Join us for an exceptional afternoon at the Center for Wine & Culinary Arts as we journey through the legendary wine region of Burgundy. During this immersive tasting experience, you'll sample a curated selection of Burgundy's finest—from elegant Chardonnays of the Côte de Beaune to the expressive Pinot Noirs of the Côte de Nuits. Learn about the region's rich winemaking heritage, unique terroirs, and the nuances that make Burgundy one of the most revered wine regions in the world. Raise a glass and discover the timeless allure and complexity of Burgundy wines in this unforgettable exploration. \$150/guest, plus tax & service charge.